

# Newsletter



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## Dear Parents & Students,

### Prayer

#### Vessels of Mercy

God of Mercy,  
as you have forgiven us  
so you send us forth  
to bear your message of mercy to all.

Give us willing feet and gentle hands.  
Bless us with listening ears and searching eyes.  
Endow us with understanding minds.  
Ordain us with compassionate hearts.

In our acts and in our words  
make us vessels of your mercy  
to reach out to the broken  
on behalf of the Father who wipes away our debts  
as lovingly as he wipes away our tears  
and calls his children home.

Help us lift your people in body and spirit.  
And so make every year a year of mercy.  
Amen.

### Reflection

Pope Francis has asked each one of us to think seriously about God's mercy to us and His call to us to extend that same mercy to others. What does that mean? Fr Mike Schmitz offers some insight into how we can "do mercy" (see link below). He makes several important observations about how we can become "missionaries of mercy". Firstly, we need to take other people seriously, really listen to others as they speak and discover what is going on in their lives that we can help them with. Secondly, we need to take other people's suffering personally and thirdly, "do what we can, not what we can't". The Corporal and Spiritual Works of Mercy provide us with the essential guidelines for extending God's mercy to others. Fr Mike also says we have to start where we live with the people in our families and workplaces.

<https://www.youtube.com/watch?v=rrljStx9RQY>

## PRINCIPAL MATTERS

### Exams

As we enter our second week of exams it is timely to remember that there are many ways to achieve academic goals. As many Year 12 students would know, the HSC is not the only pathway to tertiary qualifications. However, it is the easiest path. Of course, some people use that idea of multiple pathways to suggest that success will come anyway without taking the traditional path! Maybe so, but the common factor in all stories of success is - "WORK HARD". The author Laurie Notaro writes well of this need - *"If you really believe in what you're doing, work hard, take nothing personally and if something blocks one path, find another path. Never give up."*

While there may be some stress associated with exams and assignments, manageable stress comes when the hard work has been done BEFOREHAND. Know your content, know your high-order processing strategies = *perform well in the exam*. Unfortunately, the unmanageable stress comes when the work is left to the LAST MINUTE. Cramming, no idea how to start = *poor performance in the exam*. Consequently, while most of our students have been honing their skills and knowledge to perform well in the exams, I am sure there are some who would have wished they had worked harder earlier. There is a message there for all students. Success is built on hard work. End of story.

### St Nicholas Parish Catholic Debutante Ball

Congratulations to the committee on a wonderful evening at the Town Hall on Friday 27 May. The expert support and instruction that was provided for our wonderful young ladies and their debonair partners was clearly evident in the manner in which the students presented and conducted themselves. Congratulations also to the students themselves for their maturity and the quality of their dance and decorum. As a long standing tradition the St Nicholas Parish Catholic Debutante Ball is a worthy highlight on the Tamworth social calendar. Our deepest thanks go to Mrs Shirley Chandler and Mr Gus Comi for their work in preparing and teaching our students in the weeks preceding the Ball.

**Pupil-Free Day - Friday 3 June 2016.** Classes resume for all students at 8.40am on Monday 6 June.

Diary Dates	
3 June:	<b>PUPIL FREE DAY</b> (RE PD Day for staff)
3 June:	Coonabarabran Horse Expo
9 June:	Cochrane Cup
9 June:	Agriculture Careers Expo
10 June:	HSC Ancient & Modern History Excursion
13 June:	Long Weekend
14 June:	Year 8 Maths Day
15 June:	Year 7 Vaccinations
19 June:	Book Launch
20 June:	Eisteddfod
22 June:	Board & Association Meetings
22 June:	Diocesan Soccer - Inverell
29 June:	Years 7, 8, 9, 10, 11 P/T Interviews
30 June:	Newcastle University Open Day
1 July:	Term 2 concludes
18 July:	Pupil Free Day
19 July:	Term 3 commences for students
19 July:	Board & Association Meetings
20 July:	University Information Evening 7pm
26 July:	Year 9 English Performance
26 July:	Year 10 HSIE Performance
27 July:	School Photos

**Staff**

We welcome Miss Kisani Upward to McCarthy as the new Aboriginal Education Assistant.

**All-Up Fee**

Families should have received a co-signed letter from Parish Priest - Father Joe Adriano, Board Chair - Mr Adam Green and myself, outlining the final details of the all-up fee proposal I flagged in earlier newsletters. Please take the time to peruse this informative document and provide affirming and/or critical feedback as you see fit by **Friday June 10**. As with all of our current communication, the letter was emailed to all families unless a family has indicated that they do not have an email address.

**Changes to Rural and Regional School Travel**

From 12 May 2016, applications for free school travel in rural and regional NSW will need to be completed online instead of using paper forms. This change makes it easier to apply, as you only need to complete one form that covers all situations, including journeys that involve multiple transport operators. For more information call **131 500** or visit [transportnsw.info/school-students](http://transportnsw.info/school-students). To update your details (eg address), go to [apps.transport.nsw.gov.au/ssts/updatedetails](http://apps.transport.nsw.gov.au/ssts/updatedetails). Information brochures are also available from the office.

May your God go with you.

*Mr Geoff McManus – Principal*

**ASSISTANT PRINCIPAL****GRIP National Leadership Camp 2016**

Students in Years 10-12 are invited to participate in a national leadership camp being held in Sydney, hosted by the GRIP Leadership team. Teenagers from around Australia will be gathering for this four day camp from July 3-6. GRIP Leadership is well known for organising student leadership events and helping students reach their potential as a leader. Full details available at [www.gripleadership.com.au/camp](http://www.gripleadership.com.au/camp)

*Mrs Sally Sparke – Assistant Principal*

**RELIGIOUS EDUCATION****Book Launch**

Dr Christine Cameron and St Nicholas' cordially invite you to a celebration of the book launch of "Leadership as a Call to Service – The Life and Works of Hildegard of Bingen" on Sunday 19 June at 11.00am at Our Lady of the Rosary Cultural Centre, McCarthy Catholic College, Tribe Street, Tamworth. Complimentary morning tea will be provided on arrival. RSVP by Friday 10 June to [jccameron@opotusnet.com.au](mailto:jccameron@opotusnet.com.au) or phone: 0402859434.

**Save the Date 5 May 2017**

St Joseph's Parish Uralla is holding a parish celebration dinner Friday 5 May, 2017 to celebrate the 50 year opening of the current church. Please contact Trish Shortis 0402 342 032 or Bev Niland 6778 4328 for further details.

*Mrs Cate Allen – Mission and Spiritual Formation Coordinator*

**PASTORAL CARE****Condolences**

Our thoughts and prayers go to Harrison, Sebastian and Indianna Diss and their family following the passing of their grandfather.

**Vaccinations**

The second of the 2016 vaccinations will take place on Wednesday 15 June for Year 7 students only.

- Human Papillomavirus (HPV) second dose of a 3-dose schedule.

It would be appreciated if you could assist us by ensuring your child wears sports uniform, has breakfast and has water.

*Mrs Libby Molony – Pastoral Care Coordinator*

**PARENT INFORMATION****Meeting**

Our next meeting is **Wednesday 22 June** at 7.15pm in the Board Room. Please note change of date. All welcome.

**Trivia Night**

The McCarthy Association's annual Trivia Night will be held on Saturday 30 July.

**MATHEMATICS**

Years 7 to 11 are currently completing assessment tasks. Assessments are a tool to allow students to demonstrate their understanding of the skills and content covered in their Mathematics class and a tool to inform teachers how students are travelling with their mathematical journey. We encourage all students to reflect on how they prepared for the assessment, acknowledge the areas they have performed well in and take note of any areas which they can develop and improve.

Year 12 will be having their next assessment task (Task 3) in Week 7.

Year 8 have received a note regarding an upcoming Mathematics experience for them on June 14. It is a workshop called Problems, Patterns, Pictures, Puzzles. It is provided by a team from Sydney who focus on creating positive mathematical experiences through helping students develop their problem solving skills. The day will be divided into three sessions with two classes per session. We have run this experience for a couple of years now and Year 8 students over the years have found it very engaging and helpful.

*Mrs Jane Ashcroft – Mathematics Coordinator*

## CAREERS NEWS



In Week 4, we had students attending presentations on careers in hotel management and tourism and the defence force.

At the Careers Expo, not only did our Year 12 students have the opportunity to talk to representatives from employer groups, TAFE, Colleges and Universities, there was also the opportunity to see some of our ex-students representing the organisations they work for or the institutions at which they are currently

studying. These included Caitlyn Butler, Alex Manners, Anna Sleiman and Amy Robertson.

The first of the Early Entry University schemes have been released for 2016 with a lot more information to come in the next few weeks and months. It is crucial for Year 12 students to know of up-coming deadlines so they do not miss out on opportunities.

Dates for Year 12 students and parents to be aware of are:

- Term 2 - Week 10 Thursday 30 June - University of Newcastle Schools Visit Day
- Term 3 - Week 1 Wednesday 20 July - Annual University Information Evening.

*Mrs Susan Barrett – Careers Adviser*  
[careers@mccarthy.nsw.edu.au](mailto:careers@mccarthy.nsw.edu.au)



## DRAMA



### Mary Poppins: TMS Production

Recently the Tamworth Musical Society performed an incredible production of *Mary Poppins: The Broadway Musical*. Did you know though that a number of staff and students (past and present) took part in the musical? Maybe you spotted them on the stage or in the music pit.

Congratulations to the following magical musicians and powerful performers:

**Teachers:** Mrs Kate Godden (Katie Nanna), Mr Bill Merrick (Male Ensemble), Mrs Gill Downes (Female Ensemble), Ms Katherine Harvey (Keyboard) and Mr Tim Godden (Assistant Musical Director and Keyboard).

**Present students:** Jaydon Merrick (Male Ensemble), Jessica Higgins (Trumpet), Jack Lange (Trombone/Tuba), Jeffrey Wong (Clarinet) and Isabella Parker (Back Stage Assistant).

**Past students:** Lara Northey (Mrs Corry), Daniel Gillett (Park Keeper) and Joe Tandy (Northbrook).

*Ms Felicity Sawtell – Drama Teacher*



## EUROPE EXCURSION 2016

On Wednesday 15 June, Mr McManus and I look forward to meeting with all the participants and parents of students attending the Europe excursion for the first of two planned information sessions. This will be held from 5.30pm – 6.30pm at school.

*Mrs Susan Barrett*  
[sbarrett@mccarthy.nsw.edu.au](mailto:sbarrett@mccarthy.nsw.edu.au)

## SPORT

### NSWCCC Hockey – Newcastle

McCarthy boys and girls hockey teams experienced great success at the recent NSW Combined Catholic Colleges Hockey Championships held in Newcastle on May 19 and 20.

#### Under 16 Girls

A committed team effort saw McCarthy win the Under 16 Girls' A Division of the NSW Combined Catholic Colleges Championships in Newcastle.

Results of pool games:

Defeated La Salle, Lithgow 1-0 (Ashleigh Horniman)

Drew with MacAuley, Grafton 1-1 (Millah Green)

Defeated O'Connor, Armidale 4-0 (Claire Annis-Brown, Hollie Constable, Ashleigh Horniman, Amber Witney)

Defeated MacKillop, Bathurst 2-0 (Hollie Constable, Katie Wood).

With the top two teams qualifying for the final, McCarthy finished first, while Lithgow edged out Bathurst for second. McCarthy started the final strongly and were rewarded with a goal, scored by Millah Green, midway through the first half. Lithgow responded with a goal to level the score in the last 10 seconds of the half. A Jessica Clarke goal during a keenly contested second half put McCarthy

in front, and McCarthy's defence withstood a late onslaught and numerous Lithgow penalty corners to win 2-1 and back to back State titles.

Team: Claire Annis-Brown, Jessica Clarke, Michelle Coates (GK), Hollie Constable, Lucy Frame, Millah Green, Ashleigh Horniman, Georgia Horniman, Kate Lane, Sophie Littlejohns, Billie Mitchell, Amber Witney and Katie Wood.

*Mr Geoff Denton*

**Under 16 Boys**

The young Under 16 boys' team, coached by Andrew Farmilo, had an outstanding championships. The team played excellent hockey to reach the final winning their first four round matches before being beaten by McAuley Catholic College, Grafton in their last round match, which was a precursor to their final.

In the final, the boys worked hard as a team to combat the slick skills and combination of the Grafton team, however, the task eventually took its toll on the young McCarthy team with McAuley taking out the championship for the second year in succession. Team: Owen Bennett, Ryan Constable, Angus Doyle, Calvin Farmilo, Harper Galvin, James Highlands, Luke Maher, Chris Macpherson, Joe Mitchell, Jake Mitchell, Nick O'Connor and William Tydd.

**Open Girls**

The Open girls' team started their campaign slowly with a loss to eventual finalists, Saint Clare's High School from Taree, before winning their next three matches. In their final round match a draw or win against hosts St Francis Xavier's College would ensure the team a place in the final. After conceding a goal early, the McCarthy team dominated the remainder of the match only to be denied by some desperate SFX defence, with the score remaining 1 nil to SFX.

In the play-off for 3rd and 4th the McCarthy girls recorded a 2-1 win over Wollongong to finish 3rd.

Team: Maeve Galvin, Georgia Achurch, Natasha Achurch, Isabelle Ambrose, Holly Littlejohns, Eliza Bennett, Kate Cruickshank, Prue Davies, Olivia Dillon, Briony Littlejohns, Hayley Littlejohns, Libbi Maher, Beth Tankard and Phoebe Thornberry.

A big thank you to the following people: Mr Denton for the endless amount of work he does for girls' hockey at McCarthy and his thorough organisation of the CCC trip; Mrs Mitchell for her willingness to come away and be the female supervisor for the group; Mr Farmilo for his coaching of the boys' team over a number of years and his support and encouragement of boys' hockey at McCarthy; and last but not least, Mrs Dillon (Mother Hen) who managed the Open girls' team.

*Mr Andrew Davy*

**Athletics Carnival**

On Wednesday 18 May we held our annual Athletics Carnival at the Tamworth Regional Sporting Complex. I would like to congratulate all students who attended, competed, and broke personal best records on the day. I would also like to thank the students who, as well as competing, helped out during the day.

A lot of time and effort goes into the smooth running of an Athletics Carnival. Thanks to all the members of staff who ran their activities efficiently and effectively, allowing all students the opportunity to compete.

Congratulations to MacKillop who were the winning House.

**Point Score**

MacKillop	792
Dominic	750
Chisholm	660
Edmund Rice	576

**Age Champions**

	<i>Girls</i>	<i>Boys</i>
12 Years	Aalinyah Smith	Beau Cavallaro
13 Years	Holly Bynge	Ethan Miller
14 Years	Melanie Young	Tom Croake
15 Years	Lyndell Boschma	Sam Ellicott
16 Years	Jessica Clarke	Adam Challens
17+ Years	Alice Murphy	Morgan Pennefather



*Mr Matt Feltrin*

**Bill Turner Trophy**

McCarthy Catholic College recently played Round 2 of the Bill Turner Trophy Knockout Competition against Tamworth High School at Marius Street fields. McCarthy dominated and won the game 6 – 1. Goal scorers were: Tameka Frewen, Phoebe McLoughlin (3) and Tyla Endemi (2).

Thank you to Mr Michael Herden for driving the bus.

Team: Tameka Frewen, Phoebe McLoughlin, Tyla Endemi, Laura Robertson, Mykenzie Semple, Aimee Faulkner, Grace Salter, Caitlin Wallace, Ellie Purkiss, Tyrah Hewitt, Emily Moyses, Millah Green, Maddison Simon, Jessie O'Mally, Jasmine Shumack and Georgina Yip.

On Friday 27 May, McCarthy girls travelled to Narrabri to play Round 3 against Narrabri High School. McCarthy opened the scoring with a solo effort from Maddie Simon. Narrabri replied scoring two quick goals before half-time. Phoebe McLoughlin scored a second goal early in the second half, levelling the score. Narrabri were able to score another goal winning the game 3-2.

A big thank you to Mr Peter Virgen for driving the school bus and to the girls for their excellent conduct on and off the field.

Team: Tameka Frewen, Phoebe McLoughlin, Tyla Endemi, Laura Robertson, Mykenzie Semple, Aimee Faulkner, Georgia Curtis, Caitlin Wallace, Ellie Purkiss, Tyrah Hewitt, Emily Moyses, Millah Green, Maddison Simon, Jessie O'Mally, Jasmine Shumack and Georgina Yip.

*Mr Ronny Rindo*

**Netball**

On Thursday 19 May McCarthy 7/8 girls competed at the NSW All Schools' Regional Carnival at the Sportsdome in Tamworth. The girls won two and lost two, finishing 3rd overall. A big thank you to Morgan Kenniff for umpiring for the team.

Team: Phoebe Porter, Abbegale Ryan, Chelsie Shaw, Odette Joyce, Gabriel Bray, Abbey Geddes, Morgan Kenniff, Caitlin Boonstra, Eloise Turner and Brianna Elliott.

Mrs Ashleigh Jones

**Rugby Union**

Angus Lang attended the Rugby Under 18 trials for selection in the NSWCC Open boys' team at Marsfield on 16 and 17 May. There were 98 boys trialling and 22 selected in the team. Angus was selected in the shadow squad.

**Soccer**

Scott Flanagan travelled to Bathurst on 23 March to attend football trials for selection in the Western Squad. He was successful and travelled to Glenwood on 16 and 17 May for the NSWCCC selection trials. Although he did not make the team he enjoyed the experience.

**Tent Pegging**

Sam Collett (Year 12) attended the Sydney Royal Easter Show over the Easter weekend in April competing in Tent Pegging. (Tent Pegging is a cavalry sport of ancient origin, and is one of only ten equestrian disciplines officially recognised by the International Equestrian Federation.) He rode for the Australian Light Horse Team. The team was successful in winning the best presented and The George Livermore Lance Trophy for the most successful.

Sam won the Allan Perpetual Trophy for the Most Successful Individual Tent Pegger scoring 94 out of a possible 96. Sam is the youngest competitor ever to win this trophy. He came 4th in the Skill at Arms. (Skill at arms is a mounted sport and involves riding at the canter and gallop, on the flat and over jumps, with weapons such as sword, lance, revolver or pricker. Points are awarded for striking and carrying targets, and for speed and style.)

Sam, a gifted horse person, was also a member of the New England Horse Ball Championships winning team on 23 and 24 April. Sam is a gifted horse person.

# The Sunday Telegraph

## **PARENTS CAN WE TALK?**

### **FREE YOUTH MENTAL HEALTH FORUM**

Expert advice on helping young people through mental ill-health and suicidal feelings

**NRL STARS AND FAMILIES TELL THEIR STORIES**

**WEST TAMWORTH  
LEAGUES CLUB**

**TUESDAY  
7 JUNE, 6PM**

**REGISTRATIONS ESSENTIAL: [DAILYTELEGRAPH.COM.AU/CANWETALK](http://DAILYTELEGRAPH.COM.AU/CANWETALK)**