Dear Parents & Students,

Prayer
God our Father,
by raising Christ your Son
you conquered the power of death
and opened for us the way to eternal life.
Let our Easter celebrations raise us up
and renew our lives by the Spirit that is within us.
Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.
Amen.

PRINCIPAL MATTERS
As we draw towards the end of the term, a glance back through the calendar of events for Term 1 reveals the quantity and quality of educational and extra-curricular experiences that have been offered and taken up by staff and students at McCarthy. I commend those high achievers and early adopters, particularly staff, who have taken on new and innovative ways of enhancing learning for our students.

Similarly, with Interim Reports being sent home this week, I trust that as a consequence there are both robust and encouraging conversations going on about the type of attitude that each student potentially brings to the classroom because for students to achieve to the best of their ability, a positive attitude to learning is essential.

In support, contemporary educational researcher John Hattie, speaks strongly of student’s need to build their own self-efficacy. Self-efficacy refers to a student’s belief about their ability to successfully complete a task. For example students who believed they would master fractions were more likely to do so, while students who saw themselves as poor readers were less likely to improve.

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ANZAC Day March
I extend an open invitation and strongly encourage a large roll-up of students and staff to participate in the local ANZAC services that commemorate 101 years of the ANZAC tradition. The number of McCarthy uniforms at the Dawn Service, Mass at St Nicholas’, marches in Tamworth, Manilla, Quirindi and Kootingal in 2015 was very impressive and one of the largest roll-ups in recent memory.

We would like to grow that tradition in 2016. As the date falls on the last day of the holidays I have been making every effort to communicate the significance of our involvement in the services and marches to the students. Please feel very welcome to attend your local march or service, particularly here in Tamworth. On April 25 we will be stepping off at 10.00am from the eastern side of Bourke Street. All students are to wear Winter Academic Uniform with a McCarthy Hat. As the weather can be unpredictable it is not compulsory to wear the jumper with the winter uniform. Let the weather determine that decision. Thank you to everyone who intends to support such an important and memorable day in our nation’s story.

Winter Uniform
Please note that the official change-over date from Summer to Winter uniform will be the beginning of Week 3 in Term 2 (May 9). Full details can be downloaded from the website. Hats are a compulsory requirement for all outside play activities year round.

Enrolments for Year 7 in 2017 close Friday 8 April
Thank you to those families that have expressed an interest in Catholic education at McCarthy Catholic College for Year 7 in 2017. Interviews will be conducted throughout Term 2.

Note that classes conclude for Term 1 at 3.00pm on Friday April 8 and recommence on Tuesday April 26 at 8.40am.

Mr Geoff McManus – Principal
services in Quirindi and Manilla. All students are encouraged to attend and represent McCarthy, in full winter uniform, and to act with reverence throughout each of the services.

- Dawn Service – 5.30am ANZAC Park Gates
- Tamworth March – 10.00am (assemble in Bourke Street from 9.30am)
- Tamworth Memorial Town Hall – 10.45am
- Manilla - 10.45am (assemble in front of RSL at 10.30am)
- Quirindi Dawn Service – 5.30am
- Quirindi March – 11.00am (assemble at the Post Office at 10.45am)

**RELIGIOUS EDUCATION**

**Liturgy**

Liturgically, Term 1 has been an extremely busy one; we began with our whole school Mass in the Hall followed by our Ash Wednesday Liturgy and distribution of Ashes. In the following weeks each Year group, beginning with Year 12, has celebrated the Eucharist with Fathers Joe and Joseph. As well, all Year 8 Religious Education classes have celebrated the Sacrament of Reconciliation. Class Reconciliations have provided students with the opportunity for individual confession and as well have given Fathers Joe and Joseph time to meet and talk to the Year 8 students and their teachers. Our students have also been active in parish liturgies; Josie Hughes and Sara Sinclair led the Stations of the Cross on Friday, March 18, and Katherine Sleiman, Josie Hughes and Jeffrey Wong participated in the unveiling of the Cross at the Good Friday celebration at St Nicholas’. On behalf of the school, I would like to extend our sincere thanks to Fr Joe and Fr Joseph for their assistance and encouragement of our students to be involved in Liturgy. The number of students who come forward to offer assistance in this important aspect of school life is amazing and I would like to thank them also.

**Surviving Your Adolescents**

McCarthy is hosting a free Surviving Your Adolescents course on Wednesday 27 April at 5.30pm. Learn how to manage and let go of your 11-22 year old. Please note: Registration is essential.

- What is normal adolescent behaviour
- How to manage teen risk-taking
- The Four Cardinal Sins (what not to do)
- The relationship between parent-teen communication and adolescent safety
- The four ways to improve your relationship
- What role to take: observer, advisor, negotiator, director
- How to respond to emotional blackmail.

For more information and to register contact the Family Relationship Centre through Centacare NENW ph: 1800372826 or 67387200.

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**PASTORAL CARE**

**Welcome**

We welcome Nguyen Nguyen (Year 7) and Phong Nguyen (Year 9) to the McCarthy community.

**Condolences**

Our thoughts and prayers go to Emily and Rebecca Hughes and their family following the passing of their grandfather.

Mrs Sally Sparke – Assistant Principal

**Growing Good Men**

The Growing Good Men weekend for fathers and their sons will be held at Lake Keepit Sport and Recreation Centre on April 1 – 3 commencing at 6.30pm on Friday and concluding at 2.00pm on Sunday. Please see attached flyer. For further information and to register please contact Damian Roff phone: 67721666 or droff@oconnor.nsw.edu.au.

Mrs Cate Allen – Religious Education Coordinator

Mrs Sally Sparke – Assistant Principal
Bullying No Way Day
On Friday 18 March we celebrated Bullying No Way Day at McCarthy. Staff and students came together to show their support and took part in musical performances and activities during lunch time. We were lucky enough to have the local Headspace team come and take part in the special day.

Mrs Libby Molony – Pastoral Care Coordinator

PARENT INFORMATION
Meeting
Our next meeting is Tuesday 17 May at 7.15pm in the staff common room. All welcome.

Save the Date
The McCarthy Association’s annual Trivia Night will be held on Saturday 30 July.

TEACHING AND LEARNING
Term 1 is certainly a busy one at McCarthy and it has presented students with many opportunities to grow and learn. Whether it be excursions to the new Wray Organic Market and Cafe, UNE experience days, or conducting an Otzi autopsy, there is fantastic opportunity to receive high quality educational experiences in our dynamic school.

Library
Our librarians have been busy showing students how to access OVERDRIVE which is the selected ebook platform for schools in the Armidale Diocese. Ebooks can be loaded onto students’ choice of device - mobile phone, ipad, tablet or desktop computer - all they need to do is to download the OVERDRIVE app. The ebook collection can then be accessed through the school’s Library homepage - OLIVER. Students must remember to be logged into OLIVER to download their item. Students will have also noticed the fantastic display of high quality magazines in the library to suit all reading tastes and interests.

NAPLAN
With NAPLAN on the horizon the following link will provide information about the lead up and right through until results being received later in the year. There are also sample questions available for you and your child. Letters have been sent home for Year 7 and 9.

ICAS Competitions
Please remember to bring in your ICAS notes and payment, spare information letters are available in the office.

Mrs Raelene Maxworthy – Teaching and Learning Coordinator

CAREERS NEWS
Unfortunately, I have been notified that the visit by the Defence Forces to talk to interested students from Years 7 – 12 scheduled for this week has been postponed until May.

On Friday 18 March, a representative from University of Newcastle’s Wollutuka Unit visited McCarthy and spoke to ATSI students in Years 7 and 8, and some senior students as part of their Outreach Program.

A recent lunchtime talk on Careers and Courses in Economics/Commerce/Finance/Business was attended by some senior students interested in these options.

Further lunchtime talks are planned with one on Monday 4 April on Careers and Courses in Engineering which is open to students in both Years 11 and 12 at 12.50pm – 1.05pm. A short presentation on what students need to know and consider plus a useful handout will be available with information on various types of Engineering, courses, scholarships etc.

Permission notes for the Careers Excursion to the UNE Open Day on Friday May 6 will be available this week from the Careers Room. They are to be returned with payment for the bus by Friday 8 April.

Mrs Susan Barrett – Careers Adviser
careers@mccarthy.nsw.edu.au
**SCIENCE & ENGINEERING CHALLENGE**

On 22 and 23 March, students from Years 8, 9 and 10 attended the 2016 Regional Science and Engineering Challenge held at the TREC. The challenge aims to expose students to the problem solving encountered in Science and Engineering and to encourage them to pursue a career in these fields. On Tuesday, twenty-five Year 8 students participated in a discovery day, completing a number of activities to develop their problem solving and team work. On Wednesday, a mixed team of Year 9 and 10 students completed the challenge. They worked on a number of tasks which included building bridges, catapults, hovercraft and a bionic hand. Our teams worked persistently throughout the day and were announced the overall winners. The Year 9 and 10 team will travel to Newcastle in August to compete in the State Finals. Many thanks goes to all the students for being fine ambassadors and participating enthusiastically, Mr Vella for his organisation of the teams, Ms Mumford and Mr Kells for managing the Year 9/10 team and Mrs Bearup, Mrs Godden and Mrs Lees for managing the Year 8 team. Congratulations and well done to all.

Year 8 team: Isabelle Orman, Keona Wallace, Owen Bennett, David Murrie, Thomas Macpherson, Gemma Church, Emily Berton, Jessica Read, Grace Pawsey, Georgia Palmer, Olivia Bath, Johanna Facistol, Riley Frankel, James Highlands, Nikala Murray, Chloe Radoll, Eden Filicetti, Zachariah Ray, Zeus Souter, William Roworth, John Wong, Imeshi Dayaratne, Michelle Coates and Carter Griffiths.

Year 9/10 team: Mollie Green, Madeline Neville, Hayden McGregor, Sophia Anderson, Imogen Easton, Sara Lui, Briony Littlejohns, Molly Johns, Corban Newman, Jake Mitchell, Sarah Hammett, Abbie Wieland, Lauren Barling, Stacey Thrift, Ryan Thompson, Brianna Zwolsman, Lyndell Boschma, Nicola Ross, Sarah Vella, Sophie Littlejohns, Lily Darcy, Olivia Clarke, Maggie Fulwood, James O’Connor, Connor McRae, Andrew Myers, Ethan Walden, Zac Clark, Matthew O’Toole.

**SPORT**

**Water Polo**

Congratulations to the McCarthy U14 Water Polo team who won the U14 Tamworth School’s Water Polo competition by defeating Tamworth High School 5-4 in a hard fought match. In a thrilling encounter, McCarthy were down by two goals at half-time, but clawed their way back into the contest with two unanswered goals in the third quarter. In a tense final term, McCarthy scored the match winning goal in the last 30 seconds of the match. Thank you to the parents and students who came along to cheer and show their support.

The team was Chloe Radoll, Jorja Irwin, Briannah Donaldson, Grace Salter, Billie Mitchell, Harriet Lyden, Sarah Klasen, Isla O’Reilly, Miah O’Sullivan, Bianca Watson, Laura Robertson and Ella Mitchell. Thank you to Abby Rae for her leadership and coaching on Friday morning trainings and Monday night matches throughout the season. Congratulations to Jorja Irwin, Billie Mitchell, Harriet Lyden, Sarah Klasen and Bianca Watson who competed at the Australian Under 14 Water Polo Championships in Albury recently placing 5th overall.

Mr Andrew Davy

**FREE FREE FREE**

McCarthy Catholic College has some past Year books to give away from 2000 through to 2014. If anyone is interested in one, two or more, please contact Mrs Julie Kellahan via email jkellahan@mccarthy.nsw.edu.au The 2015 School Year book is not yet available. Mrs Julie Kellahan – Year Book Coordinator

**Water Polo**

The McCarthy Catholic College Under 16 Men’s Water Polo Team narrowly lost the Grand Final against Calrossy in an exciting penalty shootout. The score was 7 all at full-time and five players from each team lined up for the penalty shootouts. The final score was 10 – 9. The team was highly commended by the manager, Mrs Sommerlad, who said they all worked effectively as a team throughout the season. Even those who were injured cheered on the team at the Grand Final. The team captain, Jake Mitchell wished to thank their coach Abby Rae who trained the team every Friday morning during the season.

Team: Cameron Martin, Michael Klasen, Kane Clinch, Doughal O’Reilly, Nathan Watson, Joe Mitchell, Jake Mitchell, Nathaniel McGrath, Barry Lane, Adam Challens, Zac Clark and Matthew Gambrill.
**Touch Football**

On Wednesday 16 March, the McCarthy Girls’ Touch Football team competed in the Year 9/10 All Schools’ Carnival. The girls played well winning three games and drawing two. McCarthy needed either a win or a draw against Tamworth High to make the finals in Penrith. Unfortunately, the girls were beaten 4-2 and finished runners up for the carnival.

Team: Haley Cox, Tyla Endemi, Sienna Kennedy, Phoebe McLoughlin, Jessie O’Mally, Miah O’Sullivan, Laura Robertson, Grace Salter, Madison Sharp and Jasmine Shumack.  

*Mrs Ashleigh Jones*

**Cricket**

The 2015/16 cricket season has been another successful one. McCarthy fielded two Year 7/8 teams, playing in the Saturday morning competition. The season ended with the MCC Blue placing third and the MCC Gold team were beaten in the final against Farrer. The Year 9/10 team played Friday nights and just missed out on the playoffs. For many of the boys it is their last year of playing in these school competitions. A big thank you to all players for their participation and high level of sportsmanship. There were seventeen registered Year 7 players, some combining with another school so that all played cricket each week. We look forward to seeing them all back playing in Term 4.

Cricket requires many volunteers to enable our students to play each week. Thank you to all who have assisted throughout the cricket season including Bede Maher, Dan and Tanya Young, Aaron Condrick and Damian Kenniff and those who scored and helped in any way.

McCarthy Catholic Cricket Club held their AGM on Tuesday 22 March.

President: Mr Tim Godden  
Secretary: Mr Bede Maher  
Treasurer: Mrs Sharon Stuart  
Registrar: Mr Damian Kenniff.

The outgoing committee of Katie Hannafoord and Natalie Paterson wish McCarthy Cricket all best for the future. We encourage people to become involved in cricket as it is a very rewarding experience.

McCarthy would like to thank Chris and Natalie Paterson for their involvement with cricket over many years. Their work, dedication and professionalism has been greatly appreciated and will be sorely missed.

**Hockey**

Harper Galvin and Jack Cruickshank travelled to the Newcastle Hockey Centre for trials for selection in the NSWCCC Opens Boys’ Hockey. If selected in the team, they would have played in the NSW All Schools Tri-Series Championships at Homebush in June. There were over sixty boys who trialled and unfortunately this year the boys were not chosen.

**Athletics**

Samuel Ellicott attended the Australian Youth for Athletics Championships which were held from the 7 to 16 March in Perth. He came 6th in the 400 metres and 15th in the 200 metres. He qualified for the relay team for NSW being the second runner. The team finished second collecting a silver medal.

**Basketball**

Congratulations to Miah O’Sullivan and Nathaniel McGrath who have just returned from New Zealand after playing in an international basketball tournament against teams from New Zealand and the Pacific Islands. They were selected in the Australian Country Under 16 teams following the Australian Country Junior Basketball Cup in Albury in January.
The journey to manhood should not be taken alone!

Growing Good Men
Sons of the Father
a weekend for dads & their teenage sons

...get reconnected!

The relationship between a father and his son is one of the primary and most critical relationships a man will have, particularly in the teenage years. The impact that a father has on his son is profound and defining.

Growing good men is a weekend retreat experience to discuss this relationship and the challenges that the journey to maturity presents to young men. The weekend is open to boys in Years 8-11 and their fathers (or other significant male role model >18yo).

The weekend will run from the evening of Friday 1st April to the afternoon of Sunday 3rd April.

To register your interest and to find out more about the Growing Good Men w/e please contact Damian Roff (Religious Education Coordinator) at droff@oconnor.nsw.edu.au

The weekend is facilitated by menALIVE
www.menalive.org.au
SPECIAL OFFER

For just $30, you can have your name engraved on a paver as a permanent reminder of your time at St Edward’s. This offer is open to all families and staff of St Edward’s - past and present.

The pavers will be placed around our garden beds, making a lovely, lasting addition to our school grounds.

Simply fill in the table below with the names you wish to appear on your paver and send it back to school with your $30 by Friday 8th April 2016.

Please call Wendy Lee on 0427 663 162 for any enquiries.

Contact Name __________________________ Ph. ________________

Child_______________________ Class_______________

I would like my paver displayed at INFANTS / PRIMARY (Please Circle)

ENGRAVING DETAILS - MAXIMUM 17 CHARACTERS PER LINE

Please print clearly using ALL CAPITAL LETTERS. Max 3 lines per paver.

Each box represents a character (Letter, number, punctuation or space).

No Drawings please

L1

L2

L3
FREE Surviving Your Adolescents

Learn how to manage and let go of your 11-22 year old!

The Surviving Your Adolescents course covers:

- What is normal adolescent behaviour
- How to manage teen risk-taking
- The Four Cardinal Sins (what not to do)
- The relationship between parent-teen communication and adolescent safety
- The four ways to improve your relationship
- What role to take: Observer, Advisor, Negotiator, Director
- How to respond to emotional blackmail

For more information or to register, contact the Family Relationship Centre through Centacare NENW

1800 372 826
6738 7200

WHEN: Wednesday
27th April 2016
TIME: 5.30 - 8.30pm
WHERE: McCarthy College, Tamworth
COST: FREE

Registration is essential. This course is subject to registration numbers.