

# Newsletter



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## Dear Parents & Students,

### Prayer

*Prayer for the Synod on the Family (4-15 October, 2015)*

*Jesus, Mary and Joseph, in you we contemplate the splendour of true love, to you we turn in trust.*

*Holy Family of Nazareth,*

*grant that our families too may be places of communion and prayer, authentic schools of the Gospel and small domestic churches.*

*Holy Family of Nazareth,*

*may families never again experience violence, rejection and division:*

*may all who have been hurt or scandalised find ready comfort and healing.*

*Holy Family of Nazareth, may the Synod of Bishops make us once more mindful of the sacredness of the family, and its beauty in God's plan.*

*Jesus, Mary and Joseph, graciously hear our prayer.*

*Amen*

### Reflection

As the Synod progresses we pray that it be guided by the Holy Spirit in its pastoral endeavours to ensure and protect the family as the "place where one learns to love, the natural centre of human life..." (Pope Francis)

## PRINCIPAL MATTERS

### Higher School Certificate

The 2015 written examinations commenced on Monday this week. For McCarthy students they will run until Wednesday 4 November. These exams are the culmination of thirteen years of formal schooling, and on behalf of the school community I wish Year 12 students all the best for the examinations. Results will be released on Wednesday 16 December. I would also like to thank the staff who worked with students during the holiday break; there was much studious activity on site each day. This year we have a record twelve staff involved in marking the HSC examinations. The experience gained through this work will further enrich the learning culture of McCarthy and I thank these staff for their commitment to ongoing learning.

### Building Update

We are inching closer to handover, which at this stage is scheduled for October 28. Our Lady of the Rosary Cultural Centre is a beautiful space which will be enjoyed by all of the McCarthy community. Staff will shortly receive training in the operation of the state-of-the-art audio visual equipment installed in the centre.

### Bandana Day

Each year, 23,000 young Australians (63 a day) have to deal with cancer - either their own or a close family member's diagnosis. CanTeen support young people affected by cancer through National Bandanna Day where people proudly wear bandannas as a symbol of hope and empowerment. Year 11 student, Gabi Vella will be selling both bandannas (\$4) and pens (\$3) at school on October 30. Please support this worthwhile cause, and Gabi's initiative by making a purchase on the day.

### Jackets to New Guinea

Last term the Clothing Pool packaged nine large boxes of unused McCarthy sports jackets and skirts to send to New Guinea. We would like to give a big thank you to Mr Phil Hunt of Grace Bros Removals, for kindly delivering the boxes to Sydney free of charge. Thanks also goes to Mr Gerry Chan, who arranged with his cousin Sir Julius Chan to transport the boxes to New Guinea. As you can see, the jackets were a big hit, and will come in very handy in the cold New Guinea Highlands.



### Diary Dates

17 Oct:	HSC continues
17 Oct:	Horse Sports
19 Oct:	Vaccinations
20 Oct:	Board & Association Meetings
21 Oct:	Year 11 Parent/Teacher Interviews 4pm
21 Oct:	Lismore Show
27 Oct:	HSC Art markers at school
28 Oct:	Whole School Mass
30 Oct:	Bandana Day
2 Nov:	Year 10 Exams
4 Nov:	Year 7, 8, 9, 10 Exams
5 Nov:	Year 12 Graduation Dinner
9/10 Nov:	RSA/RCG Course
11 Nov:	Year 8 VALID test
11 Nov:	Remembrance Day Service
13 Nov:	Association Trivia Night
17 Nov:	Board & Association Meetings
18 Nov:	Vaccinations
23 Nov:	Creative Arts Evening
24 Nov:	Orientation Day Year 7 2016

### Camper Trailer Winner

Congratulations to Jeanette Grieve of Werris Creek, who was the winner of the Camper Trailer. The raffle raised over \$5000.



*Mrs Sally Sparke – Acting Principal*

## ASSISTANT PRINCIPAL

### Uniform

It is wonderful to see all students back at school in their full summer uniform. It is a timely reminder for parents and students of the summer uniform requirements at McCarthy. The uniform requirements are published on the College website and in the Student Planner. For the girls, a reminder to check dress length, which needs to be hemmed below the knee. Junior girls are to wear white cotton short socks and senior girls navy cotton short socks. For the boys, grey school socks are to be worn to the knee. For all students, school shoes are to be black leather lace up shoes with a hard sole. Junior students when wearing their PE uniform, are not permitted to wear ankle socks or white socks with company logos or colours. All uniform supplies are available from Lowes in Peel Street and second hand items are available through the Clothing Pool which is opened on Wednesdays from 12.30pm - 1.30pm. In the coming weeks Year Level Coordinators will be checking uniform in Mentor Groups. Students will be informed of any concerns and given time to address the uniform issue. Letters will then be sent home if there are ongoing uniform concerns. If any family requires assistance meeting summer uniform requirements please contact Mrs Libby Molony, Pastoral Care Coordinator through the office. Lowes have requested that parents, where possible, organise requirements for 2016 uniforms by December. With the closure of Tuff n Tidy, they are unsure how much their demand will increase. Placing an order (including layby) would assist them. Lowes are very generous supporters of McCarthy, providing vouchers for distribution and use by Pastoral Care.

### Senior Carpark

The new Senior Car Park is now open for use. It is located at the bottom end of the New OLORCC. We thank the student drivers for their cooperation in following the changed parking arrangements over the past months whilst construction of the new building and car park has taken place. A reminder to students to observe speed limit signs as they exit the student and staff car park (10km/hr), and as they drive along Tribe Street (the school zone limit is 40 km/hr.)

*Mrs Sharon Stuart – Acting Assistant Principal*

## PASTORAL CARE

### Condolences

Our thoughts and prayers go to Tom Flett and his family following the passing of his grandfather.

### Welcome

We welcome Grace Pawsey and her family to the McCarthy community.

### Vaccinations – Year 7

Vaccinations will be held on Wednesday 18 November for all Year 7 students. Could parents please make sure students have a good breakfast, and wear their sports uniform.

*Mrs Libby Molony – Pastoral Care Coordinator*

## TEACHING AND LEARNING

### HSC Exams

The HSC examinations have begun. Eighteen days of morning and afternoon exams are timetabled for the next four weeks. The students were very positive before the English exam and it was pleasing to see that many remained positive afterwards. Students are reminded to attend all scheduled exams and if in doubt, it is better to turn up, inform the HSC Presiding Officer of the issue, complete the exam and fill out an Application due to Illness or Misadventure form which is available from me.

**Year 11**

Year 11 are about to begin their HSC studies. Some students have decided to adjust their pattern of study and it is imperative that they follow the correct procedure. A green 'Change of Subject or Course' form, available from the office, should be filled out. Several signatures are required on this form: the teacher of the dropped subject, Mrs Barrett as the Careers Advisor, student and parent signature and mine. We insist on this process to ensure students are making appropriate decisions and the necessary adjustments are made to BOSTES registrations. Students are reminded that they must attend all of their Year 11 classes until they receive their modified timetable via Mentor Group. These changes will begin in Week 4. A reminder that Year 11 reports will be emailed and posted home at the end of the week with a Parent/Teacher Interviews on Wednesday 21 October from 4.00pm – 6.30pm. Those interviews will be held in the library due to the HSC exams. SOBS, the online Parent Teacher Interview Booking System, will be open from 6.00am Monday 19 October.

*Ms Suzanne Day – Teaching and Learning Coordinator*

## PARENT INFORMATION

**Mango Orders**

We are conducting our ever popular Mango Fundraiser again. Order forms were sent home with students and spare forms are available from the office. Please note orders and money are due to the school office by **Thursday 30 October** in an envelope marked "Mango Fundraiser". Tell your family and friends.

**Save the Date**

Trivia Night on Friday 13 November. If anyone can make a donation (prize) to the Trivia Night it would be much appreciated. All donations can be left at reception.

**Next Meeting**

Our next meeting is Tuesday 20 October at 7.15pm. Everyone is most welcome.

**CAREERS****Year 12**

Term 4 signals a new beginning for our Year 12 students, as they sit their HSC exams, receive results and begin to make choices for their future. This term I have already received phone calls about jobs for school leavers including apprenticeships, full time positions and gap year jobs. I encourage Year 12 students and their parents to continue to check their Careers Alert emails for up to date information on a range of job, scholarship and course related matters. We are also running RSA and RCG courses on November 9 and 10 at school, with the money due to the office by Friday 16 October.

**Year 11**

It is also a new beginning for some students who make changes to their pattern of study for their HSC year, by changing levels or dropping subjects. Students are encouraged to consider these options carefully, as sometimes they can have an adverse effect at the end of Year 12. This can affect areas such as Early Entry applications to some universities, ATARs and may make some courses at university more difficult and add to the cost of university if students do not complete assumed knowledge subjects including those regarding as "enabling" subjects by many universities such as Mathematics and Chemistry. Towards the end of last term, I spoke to Year 11 students about taking this and the number of units into consideration, eg having more than 10 units to have a "buffer" in case of poorer than expected results in assessment tasks and examinations.

**Year 10**

This term I am commencing interviews with students regarding their chosen pattern of study for Year 11 with their career goals in mind. I will start with those students who express a wish to talk to me. I have also asked students who wish to seek employment such as a full-time apprenticeship or TAFE studies after Year 10 to fill in a form and talk to me to see what advice and assistance the school can provide.

*Mrs Susan Barrett – Careers Adviser*

**BAND**

On Friday 18 September, the Jazz Band went to Nazareth House to perform for the residents. We set up on the lawn outside and entertained them for 1 1/2 hours.

The music ranged from Jazz standards to Funk Rock pieces.

Many of the residents enjoyed singing and dancing along with the music. As always the Jazz Band presented themselves well and were professional in their behaviour and performance.

*Mrs Lisa Lane – Band Coordinator*

## AGRICULTURE

Year 10 Agriculture went to the Tamworth Regional Livestock Exchange (Saleyards) on Monday 14 September. This trip was intended to end our Prime Lamb Unit, so we could see examples of prime lambs and get an appreciation of the prices for which they sell. We predominantly saw prime lambs at the sale, a few store lambs and other random pens of ewes and rams. The top prime lambs were from Merino x Border Leicester ewes with a Poll Dorset sire. They weighed approximately 50kg. They sold for \$154 per head and were straight off their mothers so they were great examples of prime lambs for us to see. We met with local stock agent Daniel O'Connell, who told us that lamb prices were decreasing due to decreasing markets which were dictated by prices in Victoria. He also gave us some information about the different lambs being sold on the day. As in any successful outing it helped to have enthusiastic students and a kind bus driver in Mr Ritchie who made the whole trip possible.



*Mrs Jo McHugh – Agriculture Teacher*

## SPORT

### Hockey

Congratulations to Billie Mitchell, Year 8, who recently competed at the NSW Girls National Hockey Championships. Billie's team had only one loss and one draw to win the title of U13 Girl's National Hockey Champions.

### Touch

Brodii Ingram and Chloe Coe were selected to play for NSW in the State Touch Football Championships held on the Sunshine Coast last month. NSW finished in fifth place, with QLD winning the title.

### Athletics

Ella Heeney and Sam Ellicott competed at the NSW Combined Catholic Colleges' Carnival in Homebush last week. Ella won silver in the 1500mtrs and bronze in the 800mtrs. Ella will compete at the School Sports' Nationals in Melbourne. Sam won bronze medal in the 400mtrs and was placed fourth in the 200mtrs and fifth in the 100mtrs. Congratulations to both Ella and Sam.

### Diary Dates

It has been a rather hectic 2015 in Sport at McCarthy, and as the year winds down I would like to thank all our coaches, managers, parents and students for their wonderful support throughout the year.

- Berg and Downie Shield Cricket Competitions
- Monday 2 November: Country North 15 Years Cricket selections, Coffs Harbour
- Tuesday 10 and Wednesday 11 November: NSWCCC 15 Years Cricket Selections, Auburn
- Tuesday 10 November: Closing date for NSWCCC Boys Water Polo selections
- Thursday 12 November: Closing date for NSWCCC Girls Water Polo selections
- Sunday 15 November: NSWCCC Boys Water Polo selections, Ryde
- Monday 16 November: NSWCCC Girls Water Polo selections, Ryde
- Monday 30 November: Closing date for NSWCCC Under 19 Cricket Selections (NSWCCC 19 Years Cricket Selections are held in Wollongong on Monday 8 and Tuesday 9 February 2016)
- Wednesday 9 December: McCarthy Catholic College Sports Award Assembly

### Sports Award Assembly

As mentioned above, our annual Sports Award Assembly will be held in the College hall on Wednesday 9 December. Recipients of awards will be notified via invitation, but I encourage all parents to attend.

In 2015, our Outstanding Achievement Award will be a nomination process. The Outstanding Achievement Award is presented annually to the student who has performed at an exceptionally high standard in sporting endeavours external of the College and NSWCCC pathways. Successful nominees are also ambassadors for the sport, demonstrating outstanding levels of sportsmanship, personal commitment to training, and individual skill development.

To be eligible for consideration for the Outstanding Achievement Award, the nominee must:

1. Be an enrolled student of McCarthy Catholic College; and
2. Have an outstanding sporting record in the previous 12 months (1 November 2014 – November 2015); and
3. Have participated in a sport external of the College and NSWCCC pathways; and
4. Have displayed outstanding sportsmanship and be a person with whom the College are proud to be identified.

All nominations are assessed in strict confidence by the Sports Award Selection Committee. Nominations close on Friday 30 October 2015. If you feel that your son or daughter is a worthy recipient of this award, or you know of a student you would like to nominate, please pick up a nomination form which is available from the College office.

*Mr Matt Feltrin – Sports Coordinator*

# McCarthy Association - FUN RAISER

## You are invited to attend

- Date** Friday 13 November 2015
- Time** 7.00pm for 7.30pm start
- Venue** McCarthy Catholic College Hall
- Who** Over 18s only
- Bonus** Only \$10 per head (payable on the night)
- Bring** Your gold coins, own drinks, nibbles



**Best dressed table/team**

**Winning trivia team**

**Spot prizes will be awarded throughout the night**

**To register please choose an option below**

1. Phone the school with your table name on 6761 0800
  2. Email [admin@mccarthy.nsw.edu.au](mailto:admin@mccarthy.nsw.edu.au)
  3. Return the slip below to the office
- by Monday 9 November 2015**

**So Register Your Table of 8 People NOW**

### McCarthy Trivia Night Friday 13 November 2015

**Please register a table of 8 for the following team.**

**Name:** \_\_\_\_\_

**Team Name:** \_\_\_\_\_

**Contact Number:** \_\_\_\_\_

If you don't have a table of 8 but would like to come, please register and let the girls know that you don't have a full table. We will put together a table for you.

**Thank you! Thank you! Thank you!**

This year ADIG, gave over **\$500,000** to our parishes throughout our diocese. We can only do this thanks to your loyalty & support.

- ✓ **All accounts are *fee-free***
- ✓ **A range of investment accounts to suit *you***

*Join us today & make a  
difference*

**ADIG** *Armidale Diocesan Investment*

**Armidale: 1800 040 903    Tamworth: 1800 803 194**

*Please visit [www.adig.com.au](http://www.adig.com.au) for full details*

# Order Form

Name:

Address:

Email address:






**(Please provide a clear email address so we can let you know by email when the mangoes arrive.)**

## PLEASE PROVIDE A PHONE NUMBER

Contact Phone Number:

Payment Method:  Cash  
 Cheque made payable to: **McCarthy Catholic College Association**

Name	Qty	Price	Total
1.		\$25/tray	
2.		\$25/tray	
3.		\$25/tray	
4.		\$25/tray	
5.		\$25/tray	
6.		\$25/tray	
7.		\$25/tray	
8.		\$25/tray	
9.		\$25/tray	
10.		\$25/tray	
11.		\$25/tray	
12.		\$25/tray	
13.		\$25/tray	
14.		\$25/tray	
15.		\$25/tray	

-  Remember to offer this to your family, co-workers, friends and neighbours.
-  Please don't forget your phone number in the event that we need to contact you when the mangoes arrive.
-  Please return this form with payment to McCarthy Catholic College by **30 October**.
-  Mangoes should be ready for collection between mid November to mid December.
-  **NOTE: Payment must accompany all orders.**

Mangoes, Mangoes, Mangoes Mangoes, Mangoes

*Our Mango Fundraiser is Here!!*

I am sure all the mango enthusiasts who have enjoyed the mangoes for the past 5 years are excited to hear that it is time for our fresh and healthy fundraiser once again.

The Mango Fundraiser specialises in “Kensington Pride” mangoes. The Kensington Pride mango is renowned as the best in the world with the most pleasant flavour and smoothest flesh.

Each tray of mangoes weighs approximately 7kg and is packaged in a colourful tray. The number of mangoes in a tray depends on the size of the mango. Tray sizes are from 14 to 20 mangoes in a tray at the cost of \$25.00 a tray. Storage advice, tips on how to eat fresh mangoes and recipe ideas will also be provided.

Mangoes really are one of nature’s super foods as they are packed with nutritional goodness. They are an excellent source of Vitamin C, with one mango giving you your recommended daily intake. Mangoes contain Vitamin E and are rich in beta-carotene (which the body converts to Vitamin A), an antioxidant that protects the body against the effects of free radicals. They are a good source of potassium, contain some B group vitamins, are low in fat and cholesterol free.

We will be delivering quality mangoes direct from the farm to the families and friends of McCarthy Catholic College mid November-mid December, the date will be confirmed closer to delivery.

All orders are to be returned to the School Office in an envelope marked “Mango Fundraiser”.

**NO LATER THAN FRIDAY 30 OCTOBER 2015**

So tell your friends and work colleagues about the great fundraiser and get those orders in.

Thank you for your support.

McCarthy Catholic College Association

14 October 2015



<b>Cost per tray</b>	<b>\$25</b>
<b>Place your order</b>	<b>By dropping your order and payments into McCarthy Catholic College by 30 October 2015.</b>