

Newsletter



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Dear Parents & Students,

Prayer

O God, the Father of every gift, we thank you for your constant presence in our daily lives.

Throughout our journey you have been beside us, steadfast in the good times and the bad.

Your spirit has worked through our parents and teachers giving them patience and understanding.

Watch over us and guide us, tonight and every night.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

Almighty God, who through this Bread of Life has given us spiritual food which will sustain us for the uncertain journey ahead.

We give thanks to our families and the McCarthy community and are ever grateful and confident that through our parents' witness we will go forth and become witnesses to the Word ourselves.

Through Christ our Lord.

Amen

Reflection

The above prayers, composed by Year 12 students at their final Twilight Retreat were the opening and closing prayers of their Thanksgiving Mass on Wednesday 9 September. Both prayers highlight the central role parents and families play in the faith formation and spiritual development of our students.

PRINCIPAL MATTERS

Year 12

I pay tribute to the wonderful contribution of the Year 12 students to the tapestry of life here at the college. Over the past fortnight we have engaged with them in a number of forums to celebrate their move from the security of the McCarthy community into the exciting world beyond. From our Twilight Retreat through to the Graduation Mass at St Nicholas' Church, the service experiences at Nazareth House and with Landcare, as well as the Farewell Whole School Assembly, our Year 12 students were encouraged to choose a life that is outward looking and open to the witness of God's great love in the world. We also paid tribute to the amazing contribution of our teachers and support staff for their dedicated and generous commitment to supporting the growth of our Year 12 students. I also encouraged the Year 12 students to remember their Primary school educators. As McCarthy is part of an authentic district-wide network of Catholic schools it is important to remember the strong foundation upon which their secondary education was built. I publicly commend and thank the staff of McCarthy Catholic College, St Nicholas', St Joseph's West Tamworth, St Edward's, St Joseph's Quirindi and St Michael's Manilla for their support and dedication in bringing these Year 12 students to this important milestone in their lives.

Building Update

The signs from the builders are looking more positive in recent weeks for the completion of the new Our Lady of the Rosary Cultural Centre. We received permission to occupy the new carpark and senior student overspill carpark last Friday and the audio visual equipment is being commissioned this week. We would hope to be trialling the new state-of-the-art classrooms and Performance Hall in the early weeks of Term 4. Stay tuned for opportunities to take a tour!

School Leaders 2016

I am pleased to announce the Captains for 2016 are Olivia Dillon and Dominic Sills and the Vice Captains are Matilda Shumack and Jack Beckett. Congratulations to these fine young men and women. I look forward to working with them.

RU OK Day

At the initiative of the Pastoral Care team and a few passionate Year 12 students, we raised awareness about youth suicide with two days of lunchtime activities and fundraising. Last Thursday and Friday the World Suicide Prevention Day - Revolution Red and R U OK? Day highlighted the 2015 international theme of World Suicide Prevention Day - Preventing Suicide: Reaching Out and Saving Lives.' It is speaking up to reduce the stigma around talking about suicide prevention safely. It is about standing up to make a positive impact on our mental health and wellbeing. It is about being self-informed and aware of support and services available to all those touched by suicide and those building a resilient community to prevent suicide. As one of the biggest killers in modern Australian society, more than road accidents and skin cancer, suicide is a real problem, which we hope to reduce by exposing our precious children to a network of expert care and support. Thanks go to the students and staff from McCarthy, as well as the representatives from *headspace*, who showcased the many levels of support for the young people of Tamworth.

Long Service Leave

I will be away on Long Service Leave for the first three weeks of next term. The college will be in the safe and experienced hands of Mrs Sally Sparke as Acting Principal and Mrs Sharon Stuart will fill the Acting Assistant Principal role. Please support these wonderful people while I am away.

Diary Dates

18 Sept:	Year 11 Exams
18 Sept:	Term 3 concludes
6 Oct:	Term 4 commences
7 Oct:	Legal Studies Excursion – Sydney
12 Oct:	HSC commences
17 Oct:	Horse Sports
20 Oct:	Board & Association Meetings
21 Oct:	Year 11 Parent/Teacher Interviews 4pm
21 Oct:	Lismore Show
28 Oct:	Whole School Mass
30 Oct:	Bandana Day
31 Oct:	St Nicholas' Fete
2 Nov:	Year 10 Exams
4 Nov:	Year 7, 8, 9, 10 Exams
5 Nov:	Year 12 Graduation Dinner
11 Nov:	Year 8 VALID test
13 Nov:	Association Trivia Night
17 Nov:	Board & Association Meetings

Camper Trailer Raffle

The \$10,000 Camper Trailer Raffle was drawn at 9.00am this morning. The winner will be posted on the school website. While we are unsure of the final figures, I want to once again commend and thank the McCarthy Association Executive for all of their tireless work over the past 12 months. It has not been an easy task to sell over 8,500 tickets through the depths of winter and hot summer days all over the streets, markets and shopping centres of Tamworth. However, the cheerful crew of parents deserve great accolades and respect for their relentless effort to raise money for our students and their classroom resources. Most recently the McCarthy Association purchased a set of Virtual Babies for the Community and Family Studies classes to the tune of close to \$6,000. This resource will be well utilised and appreciated by our Year 11 and 12 students.



Walkathon

The Walkathon raised a total of \$18,000. I thank the school community for their support of this wonderful whole school event.

Happy Holidays

I remind parents that Term 4 commences on Tuesday 6 October for both staff and students.

Finally, please enjoy the time together as a family these holidays. As Desmond Tutu said. *"You don't choose your family. They are God's gift to you, as you are to them"*. So, take the time in our busy lives to be the gift that God intended and not be seeking to buy something that is already there - the rich and beautiful love in our families.

May your God go with you.

Mr Geoff McManus – Principal

RELIGIOUS EDUCATION

Year 12

Without doubt the highlight of the last two weeks has been the final Twilight Retreat and Thanksgiving Mass for Year 12, 2015. The retreat, held on Tuesday 8 September, was based on the parable of the Prodigal Son and in particular, the image of God as the compassionate, all-loving and all-forgiving Father. On the eve of leaving school and moving out into the world we wanted Year 12 to take with them this wonderful image of their heavenly Father and spend some time reflecting on how they plan to keep their relationship with God alive once they are away from home and school. The retreat was attended by approximately seventy students and 18 teachers who led games and small discussion groups and provided some powerful personal accounts of their own faith journeys. The Thanksgiving Mass was concelebrated by Fathers Joe Adriano, Ross O'Brien and Paul Aguilar at St Nicholas' Parish Church on Wednesday 9 September. It was a very fitting and prayerful celebration of thanksgiving for 13 years of schooling. On behalf of the McCarthy school community, I would like to thank the priests for their contribution to these important McCarthy Year 12 traditions.

Vinnies

On Wednesday, 9 September the 2015 St Agnes Conference held a special lunch to farewell the 2015 six office bearers, Pippa Herden, Emily Reid, Chloe Hope, Lauren MacRae, Teanna Haywood and Cara Paterson. The girls have been exceptional role models and are commended for their fine leadership and efficient organisation of the St Agnes Conference. We wish them every success in their future endeavours.

Mrs Cate Allen – Religious Education Coordinator

PASTORAL CARE

Condolences

Our thoughts and prayers go to Joey and Keely Jameson and their family following the passing of their grandfather.

Year 12 Certificate of Achievement Awards

Congratulations to the following Year 12 students who have received an Achiever Award for 2015:

Beau Alderton, Taylor Ambrose, Lauren Baker, Isaac Carr, Lauren Challens, Vindhya Dayaratne, Chloe Hope, Lauren MacRae, Jack McSweeney, Amanda Mulcahy, Paul Murphy, Isobel Paff, Emily Reid, Nicholas Sanderson and Ryan Whitbread.

Mrs Libby Molony – Pastoral Care Coordinator

Year 12

The HSC commences on Monday 12 October. Students have received the details concerning the HSC examination process. The Graduation Dinner is to be held on 5 November at the Tamworth Town Hall.

I would like to take this opportunity to thank the parents for their support during their child's education at McCarthy, the Executive, teachers and ancillary staff for all their support for the class of 2015. The Final Retreat, The Red Day, The Creative Arts Evening and the Graduation Mass demonstrated that these students have grown as a group and are ready for the transition to this next step in their life journey. I am grateful for being given the opportunity to be the Year 12 Coordinator and would like to wish them fulfilment and happiness in their future pursuits.

Mrs Kate Woolaston – Year 12 Coordinator

TEACHING AND LEARNING

Year 12

While these last exciting weeks of the term signify an end to Year 12 students formal schooling, the more serious task of active studying must take priority. Many of McCarthy's very generous Year 12 teachers have again organised holiday study groups to assist the students in focusing on the skills and information needed for the HSC. The students have been informed of these times. Hopefully work (the earning type) commitments can be minimised during the next eight weeks to allow enough time to fully concentrate on exam preparation.

Year 11

Year 11 are finishing their End of Course Exams which means in Week 4 of next term they can begin their HSC studies. Some students are considering dropping either a course or a level. Our Careers Adviser, Mrs Barrett, provided the students with a very informative presentation regarding this issue earlier in the term. If your child wants to adjust their pattern of study, it is imperative that they follow the correct procedure. A green 'Change of Subject or Course' form, available from the office, should be filled out. Several signatures are required on this form: the teacher of the dropped subject, Mrs Barrett as Careers Adviser, parental signature and mine. We insist on this process to ensure students are making appropriate decisions and the necessary adjustments are made to BOSTES. Students are reminded that they must attend all of their Year 11 classes until they receive their modified timetable via Mentor Group, next term.

Enrol Now for Literacy and Numeracy Tests

Students intending to leave school before completing the HSC have the option of taking online Literacy and Numeracy tests during Week 10 of this term (up until Friday 18 September) or in Week 1 of next term (beginning Tuesday 6 October)

The tests are prepared and marked by the Board of Studies, Teaching and Educational Standards NSW (BOSTES).

Students completing the test will receive reports detailing their skill in literacy and numeracy. Discussions with employer groups reveal that the ability to provide tangible evidence of these skills is highly regarded when they are making a decision to employ.

The test consists of a range of short-answer questions that relate to aspects of everyday life such as reading a recipe, preparing a quote and providing directions to a location.

If your son or daughter is interested in taking online Literacy and Numeracy tests, it is important they notify the office as soon as possible so it can be organised

Letters of Concern

The Letter of Concern is simply a communication tool that allows you to be 'kept in the loop'. It is a form letter where staff indicate actions or, in some cases, inactions, of your child. It could be that they are no longer bringing their School Planner to class or not completing homework. If you receive one of these letters, we are hoping that you take the opportunity to talk with your son or daughter about the issue, so that it is not repeated. We believe this will allow your child the opportunity to reach their potential at McCarthy.

Ms Suzanne Day – Teaching and Learning Coordinator

PARENT INFORMATION**Camper Trailer Raffle**

Thank you to the McCarthy community and the businesses who sold tickets for supporting our major fundraiser for the year.

Mango Orders

We are conducting our ever popular Mango Fundraiser again. Order forms were sent home with students and spare forms are available from the office. Please note orders and money are due to the school office by **Thursday 30 October** in an envelope marked "Mango Fundraiser". Tell your family and friends.

Save the Date

Trivia Night on Friday 13 November. More information to follow soon.

Next Meeting

Our next meeting is Tuesday 20 October at 7.15pm. Everyone is most welcome.

CAREERS

As the holidays approach, Year 12 students will be studying, attending HSC revision lectures both at school and those hosted by universities, applying for various scholarships and accommodation, attending Open Days, attending interviews for jobs and university Early Entry offers and preparing for all the events of the next few months.

Information is arriving each day in the mail and via email on courses, scholarships, jobs (both gap year and permanent), application deadlines and so on. It is important to be informed of these events and important dates by checking email accounts so students do not miss out on opportunities.

On-time applications to UAC, QTAC and VTAC etc close on 30 September so please do NOT leave this until the final day.

I can be contacted via email over the holiday period if students and parents have any questions: careers@mccarthy.nsw.edu.au

Mrs Susan Barrett – Careers Adviser

DRAMA**OnStage Nomination**

Congratulations to Max Rixon who received an OnStage nomination for his Individual HSC Performance 'Twisted'. OnStage features outstanding Drama Performances from the 2015 Higher School Certificate. If selected, Max will perform his monologue at the Seymour Centre in February 2016. Congratulations Max, your school and Drama class are very proud of you.

Ms Felicity Sawtell

**FRENCH**

Last Saturday, the Year 12 French Beginners went to Armidale to take their HSC Oral Examination, a five minute conversation in French with an Examiner, in which they are asked questions about their personal world (family, school, leisure, future projects, etc.).

They were happy as they came out of the room and can now focus on preparing for their Written Examination that will take place at the end of next month. As for the Continuers, they had their oral exam on August 15 and are well-focused on the written component. Bonne chance! (=Good luck!)

Mrs Oriane Monet

TAS NEWS



Year 10 Food Technology go to AgQuip

AgQuip 2015 was an outstanding experience for Year 10 Food Technology students and continues our long standing partnership with the Murray Grey Association. As part of our unit of work, "Food Service and Catering" students operated the steak sandwich stall at AgQuip from the 18 - 20 August. Some 4,860 steak sandwiches were prepared, 2500 bottles of soft drink sold and an incredible number of complementary teas and coffees made and served with a smile! Thank you to Mrs Julie Kellahan and Mrs Michelle Gale, students and their parents for making this another successful year. A special thanks must also go to Mrs Julia O'Neill who volunteered to drive us their safely and her work with helping students throughout each day was very much appreciated.

Mrs Raelene Maxworthy

INDIGENOUS NEWS



First Look Army Initiative 2015

On Thursday 27 August, Luke Miles, Tom and Will Keogh attended the 2015 Army First Look Initiative at the Australian Defence Force Academy in Canberra. The boys experienced first hand Army life and explored the diverse range of career opportunities available. They also took part in physical challenges and training regimes.



Opportunity Hub

Indigenous students have been participating in weekly lunchtime resume and career training as part of the Opportunity Hub's focus on developing students' skills as their pursue their chosen pathways.

SPORT

NSWCCC Athletics

On Friday 11 September, seven McCarthy students travelled to Olympic Park in Sydney to compete in the NSWCCC Athletics Championships. The team consisted of Owen Bennett, Samuel Ellicott, Ella Heeney, Emma Higgins, Brianna Macpherson, Alice Murphy and Nathan Watson. Congratulations to Samuel Ellicott who placed 1st in the 14 Years Boys' 400m and 2nd in the 14 Years Boys' 100m, and to Ella Heeney who placed 1st in the 15 Years Girls' 800m. Samuel and Ella will return to Homebush to compete at the NSW All Schools' Athletics Championships from 8 – 11 October.



Touch

On Tuesday 1 September, McCarthy had two teams represent at the NSW All Schools Year 7/8 Touch Regional Qualifiers in Tamworth. The boys' team were competitive but unfortunately they did not qualify for the finals. The girls' side were clinical in their displays throughout the day, but a 1 point loss to Bundarra meant that they also did not qualify for the next round.

Special mention to Blake Ginman and Nick Pannowitz from the boys' team, and Miah O'Sullivan and Tyla Endemi from the girls' team.

Thank you to Mrs Ashleigh Jones for help selecting the sides, Jye Paterson and Rosie Ferguson for refereeing throughout the day, and Mrs Chloe Bushell for assisting the girls' team.

Boys: Owen Bennett, Kody Collier, Tom Croake, Brodie Diamond-Wilkinson, Tom Ferguson, Blake Ginman, Nick Pannowitz, Jye Paterson, Tom Sheppard, Ben Wallace, Jim Zell.

Girls: Krystal Booby, Tyla Endemi, Rosie Ferguson, Sienna Kennedy, Phoebe McLoughlin, Lily O'Connor-Bourke, Miah O'Sullivan, Maddison Potts, Laura Robertson, Grace Salter, Jasmine Shumack.

Mrs Matt Feltrin – Sports Coordinator

AFL

The Regional Final for U15s Swans Cup was held at Richardson Oval, Sawtell on Wednesday 9 September. McCarthy took a squad of seventeen players and played three shortened games in the gala event. The first game was against Coffs Harbour High School and we were able to score early goals putting McCarthy in a comfortable lead at half time. In the second half we were able to seal victory with the final score 8-3-51 to 2-1-13. Goal scorers were Mackenzie Ashcroft, Brock McMahon, Cooper Kelly and Bailey Rock. The second game was against Melville High, Kempsey. This was a highly contested game, where McCarthy showed great courage in being competitive against a stronger side. The final score was 7-5-47 to McCarthy 1-3-9. Ed George was our only goal scorer. The final game was against St Joseph's Regional College, Port Macquarie. McCarthy fought hard with one player down, and we only one



goal behind at half time. However, the opposition were able to seal victory in the second half, with the final score being 6-7-43 to 3-2-20. Goal scorers were Joe Doherty, Ed George and Riley Murphy. Overall, the boys were thrilled by the experience, with many players having only played one or two games prior. The team was lead superbly by Ed George and Cooper Kelly. Riley Murphy and Joe Doherty were deemed best players for all three games by the coaching squad. It is hoped in 2016 Tamworth AFL can run an U15s AFL competition for the North West on Saturday or Sunday during the winter months. The Regional AFL Development Officer for the North Coast, Mr Matt Crawley, commended the players at the conclusion of the day on their skill level and competitiveness.

Ed George, Angus Doyle, Mackenzie Ashcroft, Hayden McGregor, Brock McMahon, Hamish Sparke, Blake Ginman, Jesse Collins, Connor Betts, Bailey Rock, Joe Doherty, Corey Aitken, Riley Murphy, Liam Ball, Cooper Kelly, Ryan Thompson, Riley Evans.

Mrs Sharon Stuart - AFL Coach

McCarthy Girls' Hockey Report

The Tamworth Secondary Girls' Hockey season finished on Monday 7 September. The only McCarthy team to make a grand final was McCarthy White, which is made up of Year 7 and 8 students. They played Calrossy Orange in the Division 2 grand final. McCarthy White won 3-1 in extra time, after the score was 1-1 at full-time. Millah Green scored 2 goals and Olivia Climpson 1. The other members of the team were Michelle Coates (GK), Sara Lui, Kate Lane, Lucy Frame, Holly Littlejohns, Billie Mitchell, Olivia Achurch, Katie Wood, Ashleigh Horniman, Georgia Horniman and Anneliese Frear.

McCarthy had three other teams. The McCarthy One team in first division were eliminated following a 1-1 draw in the minor semi against Oxley; the other Division 2 team, Gold, were eliminated following a 0-0 draw in the minor semi with Calrossy Orange; while the Division 3 team, Blue, lost 1-0 to THS in the preliminary final.

At the presentation, Libbi Maher received the Umpire Encouragement Award, Millah Green was awarded Best and Fairest Player in Division 2, and Michelle Coates was Best and Fairest in Division 3. Thanks to all those who supported McCarthy Girls' Hockey during the year. A special thank you and best wishes to our Year 12 players Lauren MacRae, Megan Murphy and Lauren Challens.

Mr Geoff Denton

McCarthy Catholic College Netball Committee 2016

President: Darren McKinnon

Vice President: Damian Kenniff

Secretary: Lesa Sellers

Treasurer: Jane Supple

Committee members: Belinda Lane, Jeanine Mills and Donna Forrest

The incoming committee would like to thank outgoing president, Elizabeth Robinson, for all her time, effort and commitment to the McCarthy Netball Club 2015, and wish her all the best for her future endeavours. Thank you also to all members of the 2015 committee.

Congratulations to the MCC Mexicans on winning the 13/14B Division Grand Final, and the MCC Tango Mangoes who were Runners Up in the 15/16B Division.

Thank you to the girls who participated for our club this season, and to the coaches for their time and effort.

The club looks forward to seeing all current and future players next season, with registrations early in 2016.

Tamworth Local Aboriginal Land Council

SCHOOL HOLIDAY PROGRAM



Monday 21st September to
Friday 25th September 2015

FREE!

Arts & Craft Cooking & Baking

Old School Olympics Ten Pin Bowling

Sport Games

Fishing Movies

ACTIVITIES

Campfire with marshmallows and damper

Cultural Activities Amazing Race



- Pick up locations**
- Oxley Vale Public School
 - Tamworth Train Station
 - Hillvue Public School
 - Coledale Community Centre
 - Westdale Public School

Venue: Hillvue Public School and Trelawney Station.
Hosted by Tamworth Local Aboriginal Land Council.
Facilitated by Nestle Supported by Hillvue Public School.

For Registration forms or more information contact Tamworth Local Aboriginal Land Council on 02 6766 9028 or admin@tamworthlalc.com.au.
Registrations close Tuesday 15th September 2015



Order Form

Name:

Address:

Email address:

(Please provide a clear email address so we can let you know by email when the mangoes arrive.)

PLEASE PROVIDE A PHONE NUMBER

Contact Phone Number:

Payment Method:

Cash

Cheque made payable to: **McCarthy Catholic College Association**

Name	Qty	Price	Total
1.		\$25/tray	
2.		\$25/tray	
3.		\$25/tray	
4.		\$25/tray	
5.		\$25/tray	
6.		\$25/tray	
7.		\$25/tray	
8.		\$25/tray	
9.		\$25/tray	
10.		\$25/tray	
11.		\$25/tray	
12.		\$25/tray	
13.		\$25/tray	
14.		\$25/tray	
15.		\$25/tray	

-  Remember to offer this to your family, co-workers, friends and neighbours.
-  Please don't forget your phone number in the event that we need to contact you when the mangoes arrive.
-  Please return this form with payment to McCarthy Catholic College by **30 October**.
-  Mangoes should be ready for collection between mid November to mid December.
-  **NOTE: Payment must accompany all orders.**

Mangoes, Mangoes, Mangoes Mangoes, Mangoes

Our Mango Fundraiser is Here!!

I am sure all the mango enthusiasts who have enjoyed the mangoes for the past 5 years are excited to hear that it is time for our fresh and healthy fundraiser once again.

The Mango Fundraiser specialises in “Kensington Pride” mangoes. The Kensington Pride mango is renowned as the best in the world with the most pleasant flavour and smoothest flesh.

Each tray of mangoes weighs approximately 7kg and is packaged in a colourful tray. The number of mangoes in a tray depends on the size of the mango. Tray sizes are from 14 to 20 mangoes in a tray at the cost of \$25.00 a tray. Storage advice, tips on how to eat fresh mangoes and recipe ideas will also be provided.

Mangoes really are one of nature’s super foods as they are packed with nutritional goodness. They are an excellent source of Vitamin C, with one mango giving you your recommended daily intake. Mangoes contain Vitamin E and are rich in beta-carotene (which the body converts to Vitamin A), an antioxidant that protects the body against the effects of free radicals. They are a good source of potassium, contain some B group vitamins, are low in fat and cholesterol free.

We will be delivering quality mangoes direct from the farm to the families and friends of McCarthy Catholic College mid November-mid December, the date will be confirmed closer to delivery.

All orders are to be returned to the School Office in an envelope marked “Mango Fundraiser”.

NO LATER THAN FRIDAY 30 OCTOBER 2015

So tell your friends and work colleagues about the great fundraiser and get those orders in.

Thank you for your support.

McCarthy Catholic College Association

14 October 2015



Cost per tray	\$25
Place your order	By dropping your order and payments into McCarthy Catholic College by 30 October 2015.