

Newsletter

Telephone: (02) 6761 0800

Postal Address: PO Box 3486 West Tamworth NSW 2340

Email: admin@mccarthy.nsw.edu.au

Facsimile: (02) 6766 4557

Website: www.mccarthy.nsw.edu.au

McCarthy Office Hours: 7.30am – 4.00pm



Dear Parents & Students,

As we begin Lent and our period of fundraising for Caritas, let us pray;

Dear Lord,

We thank you for the blessings of food, water, shelter, family and well-being.

As we enjoy healthy food, we will think of those who struggle to feed their families every day.

You taught us to pray.

As we say "Give us today our daily bread" we pray for the millions who go hungry every day.

You fed the hungry.

Inspire in us the commitment to follow your example, showing compassion in action and sharing what we have with those who have less.

You cared for all.

Help us to remember your command to love one another.

Help us to see you in each of our brothers and sisters – especially those who are in need.

You are the Bread of Life.

Strengthen us as we work for justice in the world.

Help us to stand in solidarity with the poorest of the poor.

You came so that we could have life and have it to the full.

Our prayer is that this might be true for all.

We pray that communities and governments recognise our shared responsibility to be more just in sharing the world's resources.

Help us to care more deeply, live more simply and share more fully.

Amen

Diary Dates

20 Feb:	HSC English Discovery Day
23 Feb:	Elevate Education Seminar
24 Feb:	Year 9 RE Presentation
26 Feb:	Twilight Swimming Carnival
27 Feb:	Non-School Day
4 Mar:	ATSI Girls Resilience Camp
5 Mar:	HSC Music Workshop - Armidale
6 Mar:	Youth Ministry Discovery Presentation
6 Mar:	Moonbi Horse Sports
7 Mar:	Open Day 10am – 1pm
9 Mar:	Catholic Schools' Week
11 Mar:	Vaccinations (Year 7)
11 Mar:	Surviving Your Adolescents Evening
12 Mar:	Forensic Science Presentations
12 Mar:	Diocesan Swimming – Moree
17 Mar:	Cybersmart Presentation
17 Mar:	Yrs 7/8 Science & Engineering Challenge
17 Mar:	NW Property Planning Day
17 Mar:	Board & Association Meetings
18 Mar:	Year 8 English Performance
18 Mar:	Yr 9/10 Science & Engineering Challenge
20 Mar:	Diocesan U15 Rugby League – Tamworth
24 Mar:	Reconciliation
24 Mar:	Warraymalaya Retreat
24 Mar:	Association Wine and Cheese Night
26 Mar:	Diocesan Touch - Inverell

Reflection

In 2013, Pope Francis had this to say at the launch of the Caritas International's 'Food for All' campaign, "I invite you to make space in your heart ... respecting the God-given rights of everyone to have access to adequate food."

PRINCIPAL MATTERS

In our tradition, Easter Sunday is the greatest celebration in the Church's year – the day that Jesus rose into a glorious new life. So, to prepare ourselves for such a momentous occasion, our tradition requires that we enter a period of prayer, fasting and personal sacrifice. This period is called LENT.

The 40 days of LENT reminds us of other significant times of preparation. For example, ancient Hebrews wandered the desert for 40 years before beginning a new life in the Promised Land. Jesus spent 40 days in the desert fasting and praying before he began his preaching in Galilee. In fact this '40-day-thing' is a bit of an historical misnomer. The Hebrews didn't actually wander for 40 years precisely and then say, "Oh – look 40 years has passed it's now time to enter the Promised Land" or Jesus didn't count the passing of the days on a rock and then say "Phew – My goodness that was really hard – I wasn't sure whether I'd get past that 35th day but I made it!".

The number 40 is a nominal number that in Jewish terms was purely a symbol. In fact it was a form of Jewish language called MIDRASH that was highly metaphorical, and many Jewish authors stress that the facts are not intended to be taken literally – '40' means that it was a long time. In fact another quaint analogy about MIDRASH in the Bible stories occurs whenever they mention crossing over water. What happened when the Chosen People left Egypt? – Moses parted the waters of the Red Sea and they walked across. What happened when the Chosen People entered the Promised Land? They crossed the River Jordan. The story has very little to do with crossing water – it is a metaphor or a sign about a major change in the life story of the Hebrew people. Whenever there was big upheaval in their lives you can be sure to read about a group of people crossing some water!

It is the same thing when it comes to Lent – there is a sign that we enter that period of prayer and fasting before Easter. Earlier this week our students were marked on their forehead with the sign of the cross made in ashes. By marking ourselves with ashes on Ash Wednesday we publicly acknowledge ourselves as sinners. 'Sin' gets a lot of bad press including the notion of a sin tally sheet or balance sheet. In fact, old Santa 'cops that rap' too when we hear about the 'naughty and nice list'. These kinds of definitions about sin are not really helpful to our faith. By sin we are actually referring to things that distract us from the fulfilment that comes through embracing our God and God's invitation to a loving relationship. Turning away from sin is not about turning our back on all the 'fun stuff' in life. Rather, it is accepting and turning away from those life decisions that may give us a false sense of satisfaction but, in the long run, are ultimately unfulfilling.

It is like the football player who longs to play in the NRL but doesn't want to train and eats too much pizza sitting on the couch. Sitting back on the couch watching television and munching on pizza may feel good at the time, but until he realises and accepts that these things are distractions from the more fulfilling goal, he will remain unsatisfied and disappointed.

Our God loves us because we are good and lovable. Our God desires to liberate us from those things which are ultimately unsatisfying and open our eyes to the peace and fulfilment that can only be found through embracing our creator. There is no tally sheet of wrong doings. There is only God's invitation to us to see beyond our mistakes and distractions and be liberated to see the goodness and beauty that resides in each of us. The stories Jesus shared did not present an image of a God that kept count, but rather, a God who celebrated the moment a person saw through the distractions to their ultimate goal and their own worth. Like the story of the prodigal son, it does not matter when in life that moment of liberation arrives. What does matter is that we are open to the moment.

There are special opportunities in Lent for us to be open to liberation. The three traditional practices to be taken up with renewed vigour during Lent are prayer (Focus towards God), fasting (Focus towards self), and donations to charity (Focus towards others). Today, you might consider giving up something that you do selfishly like eating chocolate or buying credit on your phone or eating takeaway food (that is fasting) and donate the unspent money and extra time to something that will bring you closer to God or give the time or money spent doing that selfish thing to charitable purposes or organisations.

Many good opportunities will be on offer throughout Lent here at McCarthy. I encourage you to read Mrs Cate Allen's article regarding our commitment to Caritas during Lent. For example with \$1000 a community can purchase a cow for regular supplies of milk. For \$350 a village can dig a well for clean water. When you consider that the number one contributor to death in these countries is lack of access to a clean water supply – so little can mean so much. Imagine what we could do as a school of over 900 students? If we truly believed in the call to sacrifice our selfish feelings and donated a simple \$10 per student – this community could raise over \$9,000. Think about that today as we reflect and pray as a community of believers and listen for God's call to liberation.

To conclude, I would like to acknowledge the support of our local Tamworth parish priests in making possible the Ash Wednesday services for our students. Although a huge logistical exercise in moving 933 students plus staff to the four separate churches – St Nicholas', St Patrick's, St Mary's and Mary Help of Christian's; the effort was rewarded by enlivening the message of Lent in our young people's hearts and minds through community prayer and liturgy. I thank the clergy, members of the respective parishes and Mrs Cate Allen for their extra effort and meticulous organisation.

Mr Geoff McManus – Principal

RELIGIOUS EDUCATION

Year 12 Twilight Retreat

On Wednesday 4 February, twenty-six Year 12 students and seven teachers attended a twilight retreat at school run by ex-students Harriet Molony and Maegan Williams. The evening was full of energy, laughter and personal witness as the two girls shared their faith journeys since leaving school and working with youth ministry groups overseas and in Australia, and quiet reflection on the Scriptures. Monsignor Wilkes attended the retreat and made the sacrament of Reconciliation available. Many students took advantage of this opportunity. I would like to extend my deepest gratitude to Harriet and Maegan and Monsignor Wilkes for their contributions to the retreat.

Staff and Parent Formation Retreat

On Wednesday, 11 February staff and parents attended a twilight retreat at McCarthy. The retreat was conducted by the Diocesan Renewal team and was entitled 'I am made to seek, to know and love God.'

Lenten Group

McCarthy will host a Lenten Reflection group for any interested staff, parents or St Nicholas' parishioners on Wednesday evenings during Lent from 7.00pm - 8.30pm approximately. Parents are most welcome. Please contact the school if you are interested.

Caritas Fundraising

Raising money for Caritas will be our major focus during the weeks of Lent, alms giving being one of the traditional ways Catholics prepare for the great feast of Easter ahead. In 2014, students and staff worked together and raised a total of \$6,400.00. Most of this money was donated in Mentor Group each morning with the addition of a few specific fundraising activities, such as Shrove Tuesday pancakes, which were initiated and organised by students. This year we have kicked-started our 2015 Caritas fundraising with \$230.00 from our Shrove Tuesday pancake sale at recess. I encourage all to get involved and give generously and better last year's efforts. I would also like to recommend the Caritas website <http://www.caritas.org.au/learn/catholic-social-teaching> for parents and friends at home who wish to keep abreast of the learning activities students will be engaging in RE lessons during Lent.

Mrs Cate Allen – Religious Education Coordinator

ASSISTANT PRINCIPAL

Sunshade



During 2014 McCarthy successfully applied for a grant from the Cancer Council through the EFTPOS Shade for Secondary Schools Program. We applied for the funding to be able to purchase 8 large portable shade structures; two for each of our school Houses. These shade structures will provide invaluable sun protection for our school community during events that require us to be exposed to sun. On Thursday 5 February, Shayne Fraser, a representative from the



Cancer Council, Mr McManus, Mrs Sparke, Mrs Faint and Mrs Jones' Year 7 RE Class were involved in the launch and unveiling of

the shade structures. They are wonderful acquisitions for the school and we thank EFTPOS and the Cancer Council for their generosity in making these grants available. Thank you to Mrs Briony Martin who worked very hard on our application.

At the assembly in Week 2 the SLC representatives from Years 8-11 were announced and presented with their badges. They have since attended an SLC meeting where the responsibilities of this role were clearly articulated by the School Captains and Vice Captains. It was encouraging to see them contributing, by making suggestions and offering solutions, even at their first meeting. I very much look forward to working in partnership with this impressive group of young leaders.



At the same assembly, Jacinta Flynn, the 2014 Dux was presented with the Sr Patricia Rowe Award in recognition of her efforts. Jacinta's message of inspiration was that each of us has a potential contribution to make - be it as hairdresser or rocket scientist - and that we should work to make a positive contribution to our community. Jacinta will commence her studies at Wollongong University shortly. We wish her every success and thank her for her positive influence and for the impressive contribution she made to the McCarthy community.

The annual House Merit Points tally has commenced and the overall winning House will be presented at the annual Awards Night in December. In light of Jacinta's message of encouragement, I urge every member of the McCarthy community to make a positive contribution and potentially earn points for their team. All aspects of school life are being considered - academic and sporting achievement, cultural pursuits, acts of service - even uniform compliance and proud singing of the anthem. All students have a role to play.

Mrs Sally Sparke – Assistant Principal

PASTORAL CARE

Welcome

We would like to welcome Taylor Carroll (Year 7) and Jessica Barnett (Year 8) and their families to the McCarthy community.

Condolences

Our thoughts and prayers are with Tanisha Cooper and her family following the passing of her grandfather.

Surviving Your Adolescents - Learn how to manage and let go of your 11-22 year old.

This FREE course covers:

- What is normal adolescent behaviour.
- How to manage teen risk-taking.
- The Four Cardinal Sins (what not to do).
- The relationship between parent-teen communication and adolescent safety.
- The four ways to improve your relationship.
- How to respond to emotional blackmail.

When: Wednesday 11 March from 5:30pm - 8:30pm

Where: McCarthy Catholic College, room A4.

Registration: Phone the Family Relationship Centre Centacare on 6738 7200 before 4 March, numbers are limited.

Elevate Education

As part of our focus area for 2015, McCarthy has enlisted the company "Elevate Education" to present two, one hour seminars to Year 11 and 12 students on Monday 23 February. Year 12 students will learn about study sensei and time management and Year 11 will focus on acing their exams and memory mnemonics. Students will be provided with information booklets, with the cost being substantially subsidised by the school.

Vaccinations

The first of the 2015 vaccinations will take place on 11 March for Year 7 students only. Please note change of date.

Year 7:

- Diphtheria, Tetanus and Pertussis (Whooping Cough) as a single dose;
- Varicella (Chickenpox) as a single dose;
- Human Papilloma Virus (HPV) in a 3-dose schedule.

Year 11 and Year 12 (Date to be advised):

- Measles, Mumps, Rubella as a single dose as part of a catch-up vaccination program for students who are not fully protected.

Information packs have been sent home. Please read and carefully complete ALL required sections of the permission forms which are to be returned to Mentors.

The Cybersmart Outreach – Internet Safety Awareness Presentation

To help students stay safe online, McCarthy is hosting a Cybersmart Outreach – Internet Safety Awareness presentation on Tuesday 17 March. McCarthy is committed to helping students develop appropriate behaviours when using digital technologies, both at school and home. The presentation is non-technical and covers the ways children use the internet and emerging technologies, potential risks for children online such as cyberbullying, identity theft, inappropriate contact and tips to help children stay safe online. Parents are invited to attend the presentation at 5.30pm in the PAC. Please RSVP to school by Monday 9 March.

Theme for the Week

Each week we have a theme that is designed to assist the students achieve their potential. "A Good Start" presented four areas of social and emotional learning which help all students to be successful, ie to achieve the best they can.

Organisation: Good organisation is an essential component of secondary students' academic success. All students have been issued with a 2015 student planner. We encourage you to regularly check and sign the planner and to use it to communicate with teachers. Students are also issued with a Term Calendar to use at home. This is an important tool in the management of time with completion of tasks and study. Students should be punctual, in correct uniform and have all necessary equipment for that day. Please encourage "night before organisation" at home and discuss your child's academic goals for the year.

Getting Along: Academic success is supported by developing positive relationships with staff and other students, complying with the Code of Conduct (Care, Courtesy, Respect and Responsibility) and meeting all class expectations.

Confidence: Increasing confidence enhances learning as the student is more likely to ask questions, provide answers and offer opinions in class. All students are encouraged to seek assistance when required. Confidence can only improve by having a go at something which is challenging.

Persistence: Good work habits in class and at home are the basis of any academic improvement. Consistent effort, "hard yakka" and perseverance when the going gets tough, will allow students to achieve their potential.

During Week 3 we considered our Code of Conduct. It promotes the use of Gospel Values in all situations. CARE, COURTESY, RESPECT and RESPONSIBILITY are expected by all members of the McCarthy community at all times. This basic Code of Conduct provides a framework for behaviour, not just at school but in all areas of our lives.

"None of us is responsible for all the things that happen to us, but we are responsible for the way we react to them." Anonymous
Mrs Libby Molony – Pastoral Care Coordinator

PARENT INFORMATION**Camper Trailer Raffle**

This year the McCarthy Association will be raffling a MDC Extreme Explorer V3 Camper Trailer plus inclusions valued at \$10,000. Tickets are \$2.00 each and will be drawn on Thursday 17 September 2015. The ticket books are available at the office for students to collect. Proceeds will go to the refurbishment of toilet blocks and purchasing of outdoor furniture. Please see flyer attached.

Wine and Cheese Night

You are invited to attend the McCarthy Association Wine and Cheese Night on 24 March. More details to follow in the next newsletter.

TEACHING AND LEARNING

Homework and study is an unavoidable part of a student being successful at secondary school. At McCarthy, our teachers use homework as a way to consolidate learning. This could take the form of repetitive drill-type questions, or researching an alternate view of a topic. Reading is usually a vital part of homework and assessment task preparation. At times the actual task will need to be completed. Some of you may have struggled with getting your child to complete homework since infants' school. The beginning of a school year is a good time to begin the encouragement again. Although it is up to your child to complete the work, there are certain things that you can do to assist in the process.

Setting up an environment that is conducive for homework is an excellent way to help. A place that can remain as the study area is ideal so time is not wasted every day setting up and packing away. If a permanent area is not available then a box containing possible equipment needed for homework such as pens, pencils, rulers, stapler, hole punch, compass, protractor, paper etc should be in close proximity. There is nothing worse than the homework period being extended due to the necessary equipment not being able to be located. A table or desk set up in the bedroom is an option that works well for some. Working on a bed can be too tempting for your child to lie down and relax, forgetting about the task at hand. The kitchen or dining table is useful if your child struggles with homework as it is easier to motivate them when they are close by. Other distractions such as television, mobile phones and social networking should be eliminated during this homework time.

Ms Suzanne Day – Teaching and Learning Coordinator

CAREERS NEWS

Last week over fifty senior students attended the first Lunchtime Careers Forum to explain the cycle of events that occur during Year 12 relevant to students making university applications.

This week, the Regional University Roadshow was held at McCarthy. Year 12 students, together with students from other local secondary schools, saw a presentation by regional universities.

Introducing UNE's *My Future Finder* for McCarthy students in Years 10-12

As part of each student's career development planning at school, they are invited to take part in a free online personality and career matching assessment from Year 10 onwards. The link is on the school website's Careers page or at: <http://study.une.edu.au/ci/documents/detail/2/students-mccarthy-catholic-mff>

The University of New England's *My Future Finder* is a free resource that is designed to help match the student's personal style to career options that suit their natural abilities and talents, as well as university courses that may set them on the path to achieving their career goals.

While *My Future Finder* is in no way definitive or prescriptive, it is a very useful guide and I do encourage parents and care-givers to use this report to start a conversation about their child's future beyond school. It will take about 20 minutes to complete and results in a 12-16 page report.

Parents: What you need to do next:

1. Provide your child with your email address and encourage them to use it. This will ensure you receive a copy of their *My Future Finder* report and the supporting resources via email.

2. Follow the link in the *My Future Finder* parent email and complete *My Future Finder* yourself. Share this link with other members of your family.
3. Get together, share your reports, start a conversation, compare personality styles, talk about the future and have some FUN!
4. A copy of the student's report is emailed to me but I do NOT get a copy of any reports for parents.

This survey will form part of the Career Interview I have with all Year 12 students during Terms 1 and 2. Students are asked to complete the survey before their interview with me.

Australian Air Force Cadets

Australian Air Force Cadets (AAFC) is a voluntary youth organisation administered by the Royal Australian Air Force (RAAF), through a national command structure. 310 (City of Tamworth) Squadron, with over 25 cadets and 2 adult staff members, provides quality training and experiences to young people from the Tamworth region.

310 Squadron will be holding information sessions on 17 and 24 March from 7.00pm at 6 Rentell Street, Tamworth Regional Airport. Prospective cadets and their parents or guardians are invited to attend one of these sessions to learn more about the AAFC. Enrolment is open to Australian citizens and Australian residents aged between 12.5 and 18 years.

For more information contact David Koppers ph: 0428 240 809.

Mrs Susan Barrett – Careers Advisor
careers@mccarthy.nsw.edu.au

ENGLISH

Year 12 Area of Study Day

On Friday 20 February, McCarthy Catholic College will again host the Year 12 Area of Study Day. This year Barbara Stanners will be presenting a day long workshop on the new Area of Study – Discovery.

As the Area of Study comprises two of the four hours of external HSC English Examinations, the workshop is compulsory for all Year 12 students to attend. The cost of the study day is \$35. This cost includes a student workbook which contains insightful resources and information about the Area of Study concept. We also look forward to hosting both St Mary's and O'Connor school students and teachers.

Barbara Stanners is a very experienced HSC teacher and marker and has authored many textbooks for Stage 6, including three released earlier this year for the new HSC texts and modules.

Federation Cup Debating Competition

McCarthy Catholic College is participating in the Federation Cup Debating Competition again in 2015.

This is only the second year of the competition and there are three teams representing McCarthy Catholic College. All three teams were successful in winning their first round of debates on Thursday 12 February which were held at Calrossy Anglican School.

The Federation Cup is a round robin style competition with a win scoring three points, a loss scoring one and a draw scoring two points. The final will be held at Calrossy Anglican College on 26 March.

Year 8 team: Sophia Anderson, Jonathon Abra, Abigail Kelly, Alana Noonan and Ryan Thompson.

Year 10 team: Karie Mayman, Katherine Sleiman, Emily Thompson and Isabelle Turner.

Year 12 team: Lauren Challens, Vindhya Dayaratne, Bridget Galvin and Teanna Haywood.

Family and friends are invited to come along and support the debaters in their quest to retain the Federation Cup.

7.00pm Thursday 26 February – Carinya Christian School

7.00pm Thursday 5 March – William Cowper Boys' School

7.00pm Thursday 26 March – Calrossy Anglican School (Brisbane St Campus).

Mrs Katrina Sullivan - English Coordinator

DRAMA NEWS

Congratulations and well wishes go to Edward O'Leary who has just commenced his Advanced Diploma of Acting at the International Screen Academy, Sydney. Edward completed his HSC in 2013. The International Screen Academy (ISA), offers its students a unique mix of education in screen acting, filmmaking and animation across all screen based media.

Ms Felicity Sawtell – Drama Teacher

OPPORTUNITY HUB

Last Wednesday, The Minister for Aboriginal Affairs, Victor Dominello and Member for Tamworth, Kevin Anderson, visited the Tamworth Opportunity Hub to announce a new partnership between the NSW government and the Australian Army.

Mr Dominello said the new strategic partnership would support Aboriginal students from Tamworth to get a first-hand experience of life in the Army by participating in the Australian Defence Force Academy's Open Day in August.

Tamworth's Opportunity Hubs OCHRE initiative act as a bank for employers and tertiary institutions to deposit local training, mentoring and job opportunities to Aboriginal students in Years 5-12.

McCarthy Catholic College was represented by Year 11 Aboriginal students Tom and Will Keogh who have both had first-hand experience with the opportunities offered by the Tamworth Opportunity Hub.

Tom and Will were fortunate enough to speak with Mr Dominello and Mr Anderson and emphasised the importance of the Opportunity Hub and the opportunities it has opened up for ATSI students. McCarthy



Catholic College will continue its valuable partnership with the Opportunity Hub in 2015 and beyond to take full advantage of this valuable service for ATSI students within the school.

Further Information about Opportunity Hubs and other OCHRE programs is available at <http://www.aboriginalaffairs.nsw.gov.au/opportunity-hubs/>.

On 12 - 16 January, Will and Tom Keogh also attended the Bunga-Barrabuga Summer Program at The University of Sydney. Year 11 and 12 students from all of Australia applied for positions in this program and Will and Tom were selected to attend in their chosen fields of Business Studies and Law and Humanities.

Both boys had a great time experiencing uni life staying on campus at St Andrews College and attending lectures and other activities including a day on the harbour and visiting the Supreme Court and participating in a mock trial. They gained a great insight into university life.

TAS NEWS

TAS stands for Technological and Applied Studies and encompasses a range of Technology based subjects which includes: Computing, Food, Textiles, Wood and Agriculture. The great thing about TAS subjects is they involve practical activities with a focus on skills and creativity. Students enjoy TAS subjects and our faculty specialists love teaching the students.

We welcome to our faculty Year 7 students, new teachers, Mr Nicholas Fahey and Mrs Julie Kellahan, in Technology and Mrs Linda Sinclair as Food Technology Assistant.

Whilst our subject is practical, it is very important we work safely and I take this opportunity to remind all students and parents about the importance of adhering to WHS requirements by wearing enclosed leather shoes for ALL practical classes.

Our Year 7 students have settled in beautifully and have been brainstorming "What is Design?" They have come up with some great definitions including:

"Design is a big box of Lego, you never know how it will turn out" by Issie D.

"Design is creative thinking and imagination working together to make something beautiful and creative" by Hamish S.

Years 9 and 10 are enjoying their elective subjects and are busy working on their new design projects and units of work.

Our senior students are working well and we encourage them to "begin with the end in mind" as our new Principal Mr McManus says. If your child requires materials and resources to complete Major Design Projects could you please ensure they have the resources they need.

Mrs Raelene Maxworthy – Relieving TAS Coordinator



Year 7 students' first cooking lesson - fruit salad with ice cream and Year 12 Food Technology making pasta using Bellata Gold Durum Semolina Flour from the 'Golden Triangle', kindly donated by Ray, from Bellatta Gold Milling and Mr Doug Cush.

SPORT

Berg Shield Cricket

McCarthy's Berg Shield (Year 10 and younger) cricket team travelled to Walcha on Thursday 5 February to play St Paul's, Port Macquarie in round 3 of the knockout competition. McCarthy batted first and struggled, losing regular wickets. They were eventually all out for 73 in 28 overs. Top scorers were Jye Paterson (25) and Tristan Hunter (12). In reply, St Paul's passed the McCarthy score in the 16th over, finishing with 3 for 77. Jye Paterson took two wickets and the third dismissal came via a runout.

Team: Alex Cook, Jack Croake, Egan Dunn, Lachlan Glasson, Jack Hannaford, Tristan Hunter, Kuzi Jaravani, Jack Murrie, Jye Paterson, Connor Robinson, Toby Whale, Ryan Baker (12th man) and Ben Wilkinson (Scorer).

Thank you to Mr Geoff Denton and Mr Gerard Ritchie for accompanying the students.

NSWCCC Registrations 2015

Registrations for the following sports are now open: AFL, Basketball, Cricket – Girls, Diving, Golf, Hockey, Netball, Rugby League, Rugby, Tennis, Triathlon and Volleyball.

Parents are asked to please login and complete an "Expression of Interest". The school Sports Coordinator will then approve this "Expression of Interest" if your child meets the criteria. Your child's registration will then move to NSWCCC Selections and you will be then notified via a website generated email confirming this registration. Please ask your child to contact their Sports Coordinator to discuss this registration and ensure consent is complete. Please complete payment at the time of registration. If you no longer want your child to compete or have difficulty with registration please contact the CSSS office via email - k.lowe@csss.nsw.edu.au

Swimming Carnival

The McCarthy Catholic College Twilight Swimming Carnival will be held on Thursday 26 February at Scully Pool in West Tamworth. Notes were distributed to students last week.

Mr Matt Feltrin – Sports Coordinator

Ron George Cricket

McCarthy played Calrossy 2 in the first round of the Ron George Shield. Calrossy batted first scoring 93 from 20 overs. Alex Cook took consecutive wickets on the last two balls of his second over and James Austin one from the first ball of the next over completing a team hat trick. Unfortunately, Alex could not complete his personal hat trick but ended with figures of 2/12 off 3 overs. Jack Hannaford 2/9, Jye Paterson 1/1 and James Austin 1/3.

McCarthy scored 3/103 from 10 overs. Jye Paterson 22 retired, Toby Whale 18 retired and Keytan Hislop 18.

Thank you to Peter Virgen and Maureen Alderton for scoring.

In the second round, McCarthy defeated Oxley High. McCarthy scored 8 for 202 off their 20 overs with Keytan Hislop top scoring with 86 and Jack Hannaford 46. Oxley made 8 for 122 off 13 overs. Kuzi Jaravani took 3/6 and James Austin took 2/23.

NSW Athletics Junior & Youth Championships

Sam Ellicott, Ella Heeney and Sophie Heeney competed at the NSW Athletics Junior and Youth Championships at Homebush from the 6 – 8 February.

Ella Heeney won a silver medal in 800m and 6th in the 400m.

Samuel Ellicott won a gold medal in the Under 15 400m, silver in the 200m and bronze in the 100m.

NSW Country Basketball

Congratulations to Max Chillingworth (Under 18) and Miah O’Sullivan (Under 16 squad) who were selected in the NSW Country Basketball State squad on 31 January and 7 February in Newcastle. They travel to Newcastle every few weeks for training. The teams will play at Nationals in Ballarat (Under 18) in April and Tasmania (Under 16) in June. We wish them well.

New England & North West Long Course Swimming Championships

The New England & North West Long Course Swimming Championships were held at Werris Creek on 7 – 8 February 2015.

There were 16 clubs competing with 190 swimmers. Congratulations to Mikaela Short (Year 7) who came first in all of her nine events and broke eight records in total including 50m Butterfly, 50m Freestyle, 200m IM, 100m Freestyle, 50m Backstroke, 100m Butterfly, 50m Breaststroke and 100m Backstroke.

She also competed on the same weekend at 2015 Speedo Sprints Heat Series and qualify in all of her events (50m Freestyle, 50m Butterfly, 50m Breaststroke and 50m Backstroke).

She will be competing at Sydney Olympic Park Aquatic Centre on 8 March at the 2015 NSW Speedo Sprints Championships.

Mikaela will be travelling to Sydney on 21 February to compete for NSW Country Championships which she qualified for 11 events.

CATHOLIC WITNESS DAY
SUNDAY 15 MARCH 2015





Catholic Women Connecting Armidale



Invite you to

“How St Jude helped me build a school” by Special Guest Speaker Gemma Sisia from the School of St Jude, Tanzania

10 am Mass, Saints Mary and Joseph Cathedral Armidale

11 am Morning tea provided at St Anne’s Hall (St Mary’s Primary School, Dangar St)

11.45 Talk by Gemma Sisia (St Anne’s Hall)

12.30 pm Sit down/BBQ lunch optional (Cost \$15RSVP required)

St Jude, “the Patron Saint of Hope and impossible causes”

Gemma Sisia spent her early years on a wool sheep property just outside Guyra in northern New South Wales, Australia. She is the only daughter among the eight children of Sue and Basil Rice (local family of Armidale).

At 22 years old, with a passion and zeal inherited from her ancestor, Edmund Rice (founder of the Christian Brothers movement), Gemma devoted some time to helping the poor in Africa. She travelled to Uganda, East Africa to work for three years as a volunteer teacher. This experience led to a fervent belief that a free, high-quality education should be the right of all children in the world, and that education is the strongest weapon in the fight against poverty, corruption and political instability.

In 2002, The School of St Jude opened with only a handful of sponsored students. Through hard work and determination, the school has expanded to over 1,900 students—across three campuses that include boarding facilities—where over 95% receive a free, high-quality education at the primary and secondary levels. In May, 2015 The School of St Jude will celebrate the graduation of its first Year 12 students.

CWC Armidale Catholic Witness Day, 15 March 2015

Lunch optional \$15 RSVP: 7th March 2015 for catering purposes
 Kerry Steller ksteller@oconnor.nsw.edu.au or 67728074.
 Make payment to:
 Account: Catholic Women Connecting Armidale
 ADIG Armidale Branch: Account No. 001051031; BSB: 082105.

Or complete and return to:
 CWC, Cathedral Parish Office, 132 Dangar Street, Armidale 2350
 CWC Armidale Catholic Witness Day, 15 March 2015
 NAME.....
 CONTACT DETAILS.....
 No. attending Lunch Yes/No (please circle) Enclosed \$.....

McCarthy Catholic College Association

\$10,000 fully equipped Camper Trailer

to be drawn on Thursday 17th September 2015

McCarthy Catholic College Association

RAFFLE

TICKETS \$2

WIN

MDC - EXTREME EXPLORER V3 CAMPER TRAILER

- On road costs
- 1 x Swing out kitchenette Including sink and fold out bench
- 1 x Sealed Aluminium Toolbox
- 1 x 85 Litre Water Tank, with Hand pump on Kitchenette.
- 1 x Brand new Spare Tyre and Tyre Carrier
- 1 x Gusseted Stone Guard with Quality Mesh & Bungee wrapping

Other inclusions:

- Weber BBQ • Rope lighting • Cutlery • 18pc Crockery set • Kettle • Table and chairs
- 2 x Gas cylinders • Gasmate 2 burner gas stove and grill • Coleman rechargeable Lantern
- Fridge Freezer 65L Companion • Fridge stand • Bunk beds • 2 x self inflating Mattresses
- 1 x Queen mattress • 2 x jerry cans • Portable Clothesline • Porta potty • Double pop up ensuite

Total price valued at **\$10,000**

RAFFLE DRAWN ON THURSDAY 17TH SEPTEMBER 2015

Dear Parent's / Guardians,

Our major raffle for 2015 is a fully equipped Camper Trailer valued at \$10,000 including all onroad costs. We hope as many families support this raffle as all monies raised will go towards the refurbishment of the students' toilet block and more outdoor seating. You can request to collect a raffle book from the school office, each book has 10 tickets and each ticket sells for \$2.00.



If you wish to accept a raffle book,

please complete the below details and return to the school office for your raffle book

Name:..... Class:.....

Parent's/Guardian's Signature: