

Newsletter

Telephone: (02) 6761 0800

Postal Address: PO Box 3486 West Tamworth NSW 2340

Email: admin@mccarthy.nsw.edu.au

Facsimile: (02) 6766 4557

Website: www.mccarthy.nsw.edu.au

McCarthy Office Hours: 7.30am – 4.00pm



Dear Parents & Students,

Prayer

Dear Lord

We pray for the gift of courage.

Jolt us out of our predictability and

give us a fire to bring young people to the Gospel,

the great good news of their freedom and the hope that is open to them.

Begin in all of us this day a process of deeper conversion, of

commitment to prayer and sacrament and lives of substance and service.

Change our perceptions of what is possible.

Give us the courage, we pray to evangelise and preach.

We make this prayer in your name Jesus.

Amen.

Reflection

As teachers in a Catholic school we are called to reflect upon our role in the mission of the Church, the mission to bring the good news of the Gospel to our students; a mission made intensely challenging by the increasing secularism of the broader culture in which we find ourselves. In *Evangelii Gaudium (para.25)* Pope Francis states, "I want to emphasize that what I am trying to express here has significance and important consequences. I hope that all communities will devote the necessary effort to advancing along the path of a pastoral and missionary conversion which cannot leave things as they presently are. 'Mere administration' can no longer be enough. Throughout the world, let us be 'permanently in a state of Mission.'"

PRINCIPAL MATTERS

Year 12

This week is our last with the 2014 Year 12 cohort. This group has a core of conscientious students who have worked very hard to maximise their HSC results. It is also a group strong in its sense of justice and dedication to service.

Last week students participated in the final Twilight Retreat and Thanksgiving Mass. This morning (Thursday) the school hosted a formal assembly to farewell them from the community. The Graduation for these students will be held on Thursday 6 November.

On behalf of the school community I wish all our Year 12 students the very best for the HSC examinations and for the future.

Walkathon

Thank you to all families for the support of our annual Walkathon for Catholic Mission. The students participated in record numbers. Our goal this year was to raise \$25,000 towards furnishing and resourcing the school in Kalikiliki, Zambia, built from funds raised in previous years. So far the total raised is \$21,200. This is a fantastic effort. Please see Mr Burke's report of his trip to the opening of the school, later in this newsletter.

NAPLAN

NAPLAN results have been released. A report on performance will be prepared for one of the newsletters early next term. Initial analysis suggests significant improvements in performance in all fields. Students and staff are to be congratulated on their achievements.

Pupil-free Day

Term 4 begins with a pupil-free day on Tuesday 7 October, following the Labor Day public holiday on Monday 6 October. Therefore, students do not return to school until Wednesday 8 October.

Summer Uniform

All students are expected to be in full summer uniform from the commencement of Term 4.

Award Night and Sports Award Afternoon/Morning

The annual Award Night will be held on Monday 15 December. This year, the sports awards will be presented during a separate event, to be held on Wednesday 19 November. Details of both events will be relayed early next term.

Catholic Schools Celebrate

Tonight the local Catholic schools, including St Nicholas', St Joseph's West Tamworth, St Joseph's Quirindi, St Edwards, St Michael's Manilla, O'Connor Catholic College and McCarthy will present the tenth Catholic Schools Celebrate event, at the Tamworth Regional Entertainment Centre. It is guaranteed to be a spectacular occasion. Best wishes are extended to organisers and all participants.

Diary Dates

18 Sept:	Year 12 Farewell Assembly
18 Sept:	Catholic Schools Celebrate 7pm
18 Sept:	Year 11 Exams
19 Sept:	Term 3 concludes
7 Oct:	Pupil Free Day
7 Oct:	RE Professional Development Day
8 Oct:	Term 4 commences (for students)
8 Oct:	Year 11 Legal Studies Excursion
13 Oct:	HSC commences
28 Oct:	Whole School Mass
31 Oct:	Vaccinations
3 Nov:	Year 10 Exams commence
6 Nov:	Year 12 Dinner/Dance
7 Nov:	Years 7-9 Exams commence



Mrs Kate Rayment – Principal

RELIGIOUS EDUCATION

Year 12

Year 12 students have been the focus of these final weeks of Term 3. McCarthy takes great pride in the farewell traditions we have established over the years with our Year 12 students. On Tuesday 9 September, about fifty-five students attended the final Twilight Retreat based on the theme “God is Faithful.” On the following evening, Year 12 students, their parents and guardians and staff attended the Farewell Mass at St Nicholas’ Church celebrated by Monsignor Wilkes. This Eucharistic celebration concluded with a candle ritual, where the students processed around the outside aisles of the church with a candle lit from the Pascal Candle. The lighted candle connects back to Baptism when as infants their parents and God parents received a lighted candle on their behalf – now as young adults they hold the candle for themselves as they move from school into the world. I would like to take this opportunity to thank Monsignor Wilkes for his contribution to the retreat and for celebrating the Farewell Eucharist with us, and the staff who also assisted with these two events.

Mrs Cate Allen – Religious Education Coordinator

PASTORAL CARE

Condolences

Our prayers and sympathy go to Alexander and Gabrielle Hinchey and their family following the death of their grandfather, Peter Iuso and Joel Parry and their families following the deaths of their grandmothers and to Caitlyn Butler and her family after the death of her nephew.

The Freezer



On 27 August we opened our very own mental well-being and resilience space in the school library. After a whole school vote, the name ‘The Freezer’ was chosen, which reflects our aim of having a ‘chill out’ zone where students can take time out, relax and seek information to help them cope in times of stress. Resources include books, iPads with Apps, tip sheets, details of local services, and online resources. It is hoped that students will use the space in their own time, as well as through organised activities such as having guest speakers. The space was developed based on a pilot program by Hunter New England Health’s Mental Health Promotion Service, with the help of Healthy Schools Healthy Futures and the dedication of our student working group members.

I would like to thank Mrs Tamara Shoemark, Ms Clarissa Veil, Mrs Lesley O’Shea, Mrs Kylie Pursche (HSHF) and Ms Libby Wakeford (HNEHMHP) for their efforts and organisation.

Merit Awards

Special congratulations go to the first 2014 recipients of the McCarthy Award. This award is presented to students who display good school citizenship and who have received at least ten Merit Certificates, at least two of which are for service.

Year 11: Taylor Ambrose

Year 12: Daniel Hatfield, Brittany Meissner, Priyanka Pinto, Gabrielle Studdy and Jessica Whitbread.

Certificates of Achievement

The following students are to be congratulated on receiving a Certificate of Achievement:

Year 7: Lyndell Boschma, Josie Chick, Liam Daye, Hannah Dowden, Harrison Haddad, Kate Lane, Briony Littlejohns, Sara Lui, Billie Mitchell, Alana Noonan, Ryan Thompson.

Year 8: Jonalyn Benitez, Miles Betts, Hannah Booby, Olivia Clarke, Joshua Cornthwaite, Katelyn Downey, Aimee Faulkner, Tiana Fitzgerald, Nicholas Grady, Benjamin Howard, Alyssa Jeffery, Laura Jeffery, Sophie Littlejohns, Connor McRae, Andrew Myers, Julia Northey, Tom Rindo, Sarah Rogers, Meg Sheppard, Chloe Southern, Rowan Statham, Hunter Thompson, Adelaide Tinson, Eleanor Williams.

R U OK? Day

Thursday 11 September was R U OK? Day. This is a national day of action and reminds people to regularly check on family and friends. The day aims to increase care and feelings of connectedness, to support people who are having a difficult time and to reduce the incidence of suicide. Students and staff were encouraged to initiate meaningful conversations with each other and discussed the importance of having these conversations.

McCarthy students Laura Smith, Abigail Constable and Amber Fisher performed in a dance promotion for the day at Shoppingworld.

The Youthie Holiday Program

Tamworth Regional Council Youth Centre is offering an extensive program of free supervised activities and barbeques during the holidays. For details please see www.theyouthie.org, www.facebook.co/tamworth.youthie or phone 67664645.

Women on Wheels

There will be a free workshop to help women be safer on the road, learn some basic skills such as jump starting a car and changing a tyre. Wednesday 16 October 6.45pm at 2-4 Bourke Street. To register phone 67666699 or online www.womenonwheels.com.au

Theme for the Week

In Week 9 we looked at the steps to take after we have done something wrong – *admit* the mistake, *apologise* if necessary, *accept* the consequences, *learn* from it and move on. We ALL make mistakes in life, but accepting responsibility and showing genuine remorse helps others to forgive us and allows us to forgive ourselves.

Care is the first word of the McCarthy Code of Conduct. We finished the term asking students to care for their family members, themselves, McCarthy, and for others that they do not know.

"Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you." Ephesians 4:32

Mrs Julie McGregor – Pastoral Care Coordinator

PARENT INFORMATION

Association Meeting

The next meeting is Tuesday 21 October 7.00pm for 7.15pm start in the Staff Room.

Trivia Night

You are invited to attend the MCC Association's Trivia Night on Friday 14 November. The fun night commences at 7.00pm for a 7.30pm start in the hall. Cost is only \$10 per head payable on the night. Please bring gold coins, drinks and nibbles and remember that it is an over 18 only event. Prizes include the best dressed table/team, the winning team and bonus spot prizes will be awarded throughout the night.

Raffle

Thank you to families who have sold books of raffle tickets. Please return tickets and money to the office as soon as possible. Also, please consider getting another book to sell over the holidays to visiting family and friends. We appreciate your ongoing support.



Kalikiliki School Opening

Earlier this term, I was lucky enough to be invited to visit the school that we have funded in Kalikiliki. The trip was very memorable and the experiences were quite confronting. Seeing the joy on the students' and parents' faces at a school finally being built in their area made me realise how important our donations are. On returning it was great to talk to our students about my experiences and seeing their reactions.

The Walkathon is an important fund raising event and because of the efforts of many, particularly those of Mr Luke Adams, we are able to give students half-way across the world a chance at a better life.



Mr Andrew Burke

CAREERS NEWS

Year 12

With most Early Entry/School Recommendation Schemes now closed, students intending to apply to university should have done so by now to UAC or QTAC or the other states. I urge students not to leave it to the last day, 30 September, as computer overloads do and have happened in recent years.

Year 12 students should be continuing to check their emails as information on careers, courses, jobs and scholarships will continue to arrive over the next few months. I can be contacted via email at careers@mccarthy.nsw.edu.au

Year 11

I will be addressing a meeting of Year 11 students early in Term 4 about what needs to be considered if students are dropping subjects or changing levels in their pattern of study for the HSC. A hasty decision may jeopardise students' chances this time next year regarding ATARs and some Early Entry Schemes.

Tamworth TAFE Open Day Saturday 20 September 10.00am – 2.00pm

I urge students in Years 10, 11 and 12 and their parents to attend the TAFE New England Open Day at the Tamworth Campus this coming Saturday. This is particularly relevant for:

- Year 12 students who wish to stay in Tamworth next year and study at TAFE
- Year 11 students who may be re-considering their options if trying to decide whether continuing on to the HSC is the best course of action for them
- Year 10 students who may be investigating their options if trying to decide whether continuing on to Stage 6 at school is the best course of action for them.

It is an excellent chance to find out what courses are offered, how to apply and to look at the facilities.

Mrs Susan Barrett – Careers Advisor
careers@mccarthy.nsw.edu.au

SCIENCE

Ten students from Year 9 attended the UNE GRASS Science Investigation Awards competition held at UNE Armidale on Wednesday 10 September. They prepared display boards which outlined the Student Research Projects they had designed and conducted in Terms 2 and 3. Students presented the following projects:

Emerson Ring – Muscle size v strength

Jaydon Merrick – An ice treat

Daniel Glasson – Breaking the signal

Karie Mayman – Does gender influence perception of body language in 15 year olds?

Katherine Sleiman – Does gender affect the perception of optical illusions?

Amanda Leone – Testing the birthday paradox

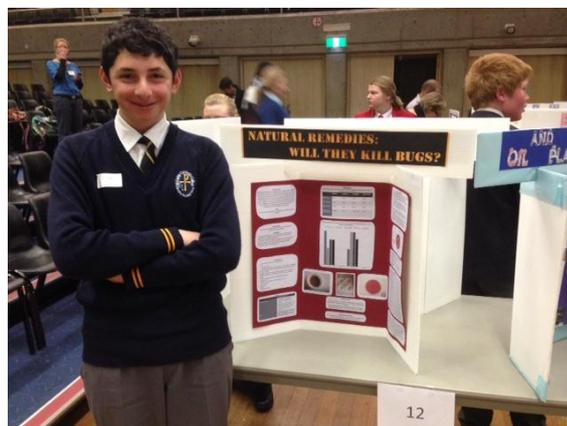
Jack Awad – Natural remedies, will they kill bugs?

Jack Croake – What fabric does Nappy San work best on?

Jasmine Tan – Do pounds pressure paper planes?
Harper Galvin – Does temperature affect the burn rate of candles?

Students competed against two hundred students in the Senior Division from the New England and Northern Tablelands region. The Chemistry workshop, where students made Aspirin, under the guidance of UNE lecturer Katherine Harris, was very popular. Students' display boards were initially judged by scientists and academics from UNE and Industry. They were also interviewed by the judges and three members of the McCarthy team Amanda Leone, Daniel Glasson and Jack Awad, progressed to the finals. After a second round of judging, Jack Awad, with his submission 'Natural remedies, will they kill bugs?', was announced the winner of the Environmental Sustainability Award sponsored by Thalgarrah Environmental Education Centre.

Thank you to Ms Susanna Grieg (organiser of the event) and Mrs Jane Burt who transported us to the event. Congratulations to all participants for their efforts in producing excellent quality work.



Mr James Vella – Science Coordinator

MCCARTHY'S GOT TALENT



On 5 September, after our school's Walkathon, the McCarthy Environmental Council hosted the annual McCarthy's Got Talent. This involved a range of students showcasing their talents on stage to the rest of the school. We had a total of seventeen students perform with three winners selected by our judges, Mrs Wade, Mr Godden and Jessica Whitbread. First prize of a \$100 gift voucher donated by Cheapa Music was won by Kiarra Ruttley for her cover performance of "I Will Wait" on guitar. Second prize of a ukulele, was awarded to Gabi Vella for her cover of "Valerie" accompanied by Mr Rindo on guitar. Third place, two tickets to "My Fair Lady", went to Priyanka Pinto for her cover of "I Dreamed a Dream", accompanied on piano by Mr Godden.

Three Encouragement Awards were won by Hayden Davy for his cover of "Give Me Love" on guitar, Jasmine Tan and Andrew Balquin's cover of "Chasing Cars" and Gio Sancho's entertaining version of "Feelin' Good".

Our funds from the audition "concerts" and the "Guess the Number of Lollies in the Jar" competition contributed to the Walkathon appeal, which was to provide school supplies to the school in Kalikiliki.

On behalf of the Environmental Council, we would like to personally thank the following individuals for their contribution to this event: Mrs Stuart; fellow members of the Environmental Council for helping to organise the event; all the contestants for participating; teachers and students who donated as part of the audience; the judges, Mrs Wade, Mr Godden and Jessica Whitbread;

Nicholas Sanderson, Bridget Galvin and Vindhya Dayaratne for organising prizes; Cheapa Music for their generous donations and to Mr Godden for donating the "My Fair Lady" tickets.

Alana Russell-White – Environmental Council

SPORT

NSWCCC Athletics Championships

Ten students travelled to Homebush on 12 September to compete in the NSWCCC Athletics Championships: Samuel Ellicott, Ella Heeney, Sophie Heeney, Emma Higgins, Brianna Macpherson, Alice Murphy, Kate Pianta, Mykenzie Semple, James Smith and Melanie Young.

Overall, the Armidale Diocese collected twelve medals, with six of them coming from McCarthy Catholic College.

The individual medal winners were:

Kate Pianta: 3rd 13 Years Girls' High Jump, 3rd 13 Years Girls' Long Jump, 3rd in the 13 Years Girls' 200m and 3rd 13 Years Girls' 100m.

Ella Heeney: 1st 14 Years Girls' 800m.

Samuel Ellicott: 2nd 13 Boys' 400m.

Congratulations to all competitors for their outstanding efforts on the day.

Mr Matt Feltrin – Sports Organiser

Coast to Country Cup Final

McCarthy U14s Rugby Union side were invited to contest the Coast to Country Cup Final for Regional NSW teams held in Tuncurry on Tuesday 16 September. Results were as follows: defeated Merewether High School 12 – 0, lost to Gosford High School 7 – 0 and a 5 all draw with All Saints College, Lochinvar. They placed second in their pool but unfortunately the boys were defeated 10–7 in their semi-final match against St Pius, Adamstown.

Team: Mackenzie Ashcroft, Zac Clark, Jesse Collins, Jack Cutcliffe, Adrian Engelbrecht, Scott Flanagan, Nicholas Grady, Connor McRae, Lachlan Shaw, Rowan Statham, Caleb Stevens, Hunter Thompson, Jayden Tiberi, Doughal O'Reilly, Hayden Mills, Matthew O'Toole and Toby Whale.



McCarthy Netball

McCarthy Netball had four teams play in the grand finals of the Tamworth Netball Association Saturday competition on 13 September 2014. Two of these teams were successful in becoming premiers of their division.

Congratulations to:

MCC Diamonds who defeated Oxley Zippers 39 – 26 to win the 15/16C Division. The team members are Lucy Salter, Cassandra Semple, Paige Leonard, Jaimee McKinnon, Jasmine Vermont, Emily Torode, Zoe Hannaford and Amanda Leone. Thank you to Darren McKinnon for coaching this team.

MCC Drop Bears who defeated MCC Mexicans 33 – 14 to win the 13/14C Division. The Drop Bears team members are Emma Higgins, Jacynta Miles, Alexis Wheeler, Lyndell Boschma, Imogen Easton, Alana Noonan, Mollie Green, Briannah Donaldson, Caitlin McCurley and Diaz Martyn. Thank you to Lisa Donaldson for coaching the Drop Bears and Belinda Lane for coaching the Mexicans.

MCC Mayhem also made the grand final in the 15/16A Division but were defeated by South Bowlo Swifts 51 – 25.

Thank you to all the girls who played in the thirteen McCarthy Netball teams and the parents and supporters who helped to make the 2014 Netball season so successful.



McCarthy Girls' Hockey

The grand finals of the secondary girls' hockey competition were played on Monday 16 September. In first division the McCarthy Ones, coached by Denby Budden, defeated THS One (who finished 5th in the NSWCHS Knockout finals last week) 2 – 0. It was a terrific team effort, with the goals, which both came in the second half, scored by Libbi Maher and Billie Mitchell. The victory was a fitting finale for our Year 12 players Dana Constable, Georgia Cooper and Madeline Doyle. The other members of the team were Isabelle Ambrose, Olivia Dillon (GK), Prue Davies, Hollie Constable, Lauren MacRae, Amanda Mulcahy, Megan Murphy and Beth Tankard.

Our other grand finalists were McCarthy Blue in third division. This team, coached by Mr Davy, was made up of Year 7, 8 and 9 students and finished as minor premiers. They played well and put in a great effort but lost 3 – 0 to THS Three. The members of the McCarthy Blue team were Grace Allan, Bella Burr-Clift, Jessica Clarke, Anne Coates, Eleanor George, Alina Goor-Ditchfield, Millah Green (GK), Kate Kirk, Kate Lane, Emily Nicholson, Sarah Pannowitz, Amelia Summers and Katie Wood.

The other two McCarthy teams White and Gold both played in second division. The younger White team, coached by Vicki Constable, finished 2nd after the regular season but unfortunately lost their major semi and preliminary final to bow out. The Gold team, coached by Cheryl Cruickshank and made up of Year 10 and 11 girls, did not make the semi-finals but put in a great effort throughout the season.

McCarthy also claimed the Best and Fairest award in all three divisions. The division one award was won by Dana Constable, the division two Best and Fairest went to Olivia Dillon (playing in the field), and the third division award was won by Katie Wood.

Thank you to all those who contributed to a great season.



Mr Geoff Denton

McCarthy Association - FUN RAISER

You are invited to attend

- Date** Friday 14th November 2014
- Time** 7.00pm for 7.30pm start
- Venue** McCarthy Catholic College Hall
- Who** Over 18s only (this isn't a kid's night)
- Bonus** Only \$10 per head (payable on the night)
- Bring** Your gold coins, own drinks, nibbles



Best dressed table/team

Winning trivia team

Spot prizes will be awarded throughout the night

To register please choose an option below:

1. Phone the school with your table name on 6761 0800
2. Email admin@mccarthy.nsw.edu.au
3. Return the slip below to the school office
by Monday 10th November 2014

So Register Your Table of 8 People NOW

McCarthy Trivia Night Friday 14th November 2014

Please register a table of 8 for the following team.

Name: _____

Team Name: _____

Contact Number: _____

If you don't have a table of 8 but would like to come, please register and let the girls know that you don't have a full table. We will put together a table for you.